



life

IN ROCKVILLE

SUMMER 2021

**RECREATION AND PARKS
ACTIVITY GUIDE**



City of
Rockville
Get Into It

AQUATICS • TOTS/PRESCHOOL • CHILDREN
CROYDON CREEK NATURE CENTER • TEENS • ADULTS
ADULTS 60+ • CULTURAL ARTS



SAFETY IS OUR HIGHEST PRIORITY.



We are currently offering limited in-person programs in small groups at our indoor facilities and parks.

All proper health and safety protocols are to be taken including:

- Extensive sanitization of all equipment before and after each class
- Small class sizes that follow Montgomery County health guidelines
- No overlap in class times to limit building capacity and allow for cleaning between each class
- All classes taking place in large spaces or outside to ensure social distancing
- Face masks required according to Montgomery County health guidelines.
- Temperature checks and COVID 19 screening questions are mandatory for some programs to meet Childcare Licensing requirements

For the latest city-related information, follow the City of Rockville on social media (Nextdoor, Facebook and Twitter).

For updates, including state and local resources, subscribe to our COVID-19 e-newsletter.

Visit mailchi.mp/rockvillemd/covid19updates to sign up.

IN THIS ISSUE

PROGRAMS

AQUATICS 4-11

TOTS AND PRESCHOOL..... 12-13

CHILDREN 14-19

CROYDON CREEK NATURE CENTER.... 20-22

TEENS23-27

ADULTS 28-36

COMMUNITY CENTERS.....37-39

ADULTS 60+40-43

CULTURAL ARTS44-47

GENERAL INFORMATION

Emergency/Weather Policy53

Financial Assistance 50

Frequently Used Parks/Facilities..... 48

Individuals with Disabilities.....53

Registration Info and Forms 54-55

Recreation and Parks Foundation51

2 WAYS TO REGISTER



1. Online
at www.rockvillemd.gov/registration.



2. By Mail or Fax
Mail or fax your completed registration form. See page 54 for a list of addresses and fax numbers.



We are not taking in-person registrations at this time.
Call 240-314-8620 for information.

REGISTRATION DATES:

GENERAL:
Thursday, May 6

SENIOR MEMBERS:
Thursday, May 6

STAY INFORMED

www.rockvillemd.gov/recreation
registration@rockvillemd.gov
240-314-8620

-  twitter.com/rockvillerec
-  [instagram.com/rockvillerec](https://www.instagram.com/rockvillerec)
-  [facebook.com/rockvillerec](https://www.facebook.com/rockvillerec)



Advanced reservations are required and available for Rockville residents and swim center members only.

Outdoor recreation pool with slide

Indoor and outdoor pools

Fitness center

Multipurpose room

ROCKVILLE SWIM AND FITNESS CENTER

www.rockvillemd.gov/swimcenter

240-314-8750 • swimcenter@rockvillemd.gov • 355 Martins Lane, Rockville, MD 20850

The Rockville Swim and Fitness Center is a great place to swim and stay in shape year-round.

We offer three seasonal outdoor swimming pools, two year-round indoor swimming pools, sprayground, a 150-foot waterslide, hot tub, dry sauna and a fully equipped fitness center.

Visit our newly expanded and renovated locker room and lobby!

Hours

Monday - Saturday

6 a.m. - 9 p.m.

Sunday

9 a.m. - 9 p.m.

Sign Up for Notifications

Receive updates on schedule changes, weather alerts, critical announcements, upcoming classes and facility projects. Sign up today at www.rockvillemd.gov/swimcenter/alerts



Swimming Classes

Annual and Seasonal Memberships Available! Come for the Day or the Year!

Registration Begins: May 6

Registration deadline: one week prior to start date.

To be eligible for a membership discount, participants registering for a course must have an annual, winter or summer membership for aquatics or the full facility. See www.rockvillemd.gov/swimcenter for a list of membership rates and types. Credits or refunds will be issued for medical reasons only and must be accompanied by a letter from your doctor. Note: \$15 withdraw fee will be applied for all refunds; \$5 transfer fee may apply.

Register Online:

www.rockvillemd.gov/registration

Mail to:

Swimming Lessons
RSFC
355 Martins Lane,
Rockville, MD 20850

Secure Fax to:

Swimming Lessons
240-314-8759

*Rates are determined by membership status not residency.
M = Member NM = Nonmember*

AQUATICS

Adult/Child Swim

Bubblers 1

Introduce your baby to the water in a relaxed and playful manner. Learn basic skills and water safety. This is an adult/child class. Non-toilet-trained children must wear a swim diaper under tight-fitting vinyl pants. Pants are on sale at the Swim and Fitness Center.

Age: 6-18 mos				M/NM
19195	Sa	6/19-8/7	10:50-11:20 AM	\$82/\$102
19196	Su	6/20-8/8	10:15-10:45 AM	\$82/\$102
19326	F	6/25-8/13	10:35-11:05 AM	\$94/\$117
19321	M,W	7/19-8/11	3:05-3:35 PM	\$94/\$117

Bubblers 2

Tots with little or no experience are welcome. Children learn the basics of swimming such as submerging, floating, kicking and arm-stroking. This is an adult/child class. Non-toilet-trained children must wear a swim diaper under tight-fitting vinyl pants. Pants are on sale at the Swim and Fitness Center.

Age: 18-36 mos				M/NM
19187	Sa	6/19-8/7	8:30-9 AM	\$82/\$102
19188	Sa	6/19-8/7	10:15-10:45 AM	\$82/\$102
19189	Su	6/20-8/8	9:40-10:10 AM	\$82/\$102
19190	Su	6/20-8/8	11:25-11:55 AM	\$82/\$102
19323	M,W	6/21-7/16	3:05-3:35 PM	\$94/\$117
19324	Tu,Th	6/22-7/15	9:30-10 AM	\$94/\$117
19325	Tu,Th	7/20-8/12	9:30-10 AM	\$94/\$117

Bobbers 1

Along with an adult, children learn to adjust to the water. They also learn simple water skills, such as submerging, floating, kicking and arm-stroking. This is an adult/child class. Non-toilet-trained children must wear a swim diaper under tight-fitting vinyl pants. Pants are on sale at the Swim and Fitness Center.

Age: 3-5				M/NM
19191	Sa	6/19-8/7	9:05-9:35 AM	\$82/\$102
19192	Sa	6/19-8/7	11:25-11:55 AM	\$82/\$102
19193	Su	6/20-8/8	9:05-9:35 AM	\$82/\$102
19194	Su	6/20-8/8	10:50-11:20 AM	\$82/\$102
19327	Tu,Th	6/22-7/15	3:05-3:35 PM	\$94/\$117
19322	Tu,Th	7/20-8/12	3:05-3:35 PM	\$94/\$117

Bobbers 2

Children who already know how to do a front float with a kick should sign up for this class. They work on back floats, combining parts of the crawl stroke and endurance. Work in the deep end is done as well. This is an adult/child class. Non-toilet-trained children must wear a swim diaper under tight-fitting vinyl pants. Pants are on sale at the Swim and Fitness Center.

Age: 3-5				M/NM
19197	Sa	6/19-8/7	9:40-10:10 AM	\$82/\$102
19198	Su	6/20-8/8	8:30-9 AM	\$82/\$102



To promote health and safety in our community some programs may be modified or cancelled.

Preschool Swim

Fearful Floaters

This swim class is intended for children who are reluctant to take part in a Floaters I class, but are ready to try a class without adult participation. Taught at a slower pace, it stresses water adjustment and comfort with putting their faces in water. To ease each child's anxiety, adults remain on deck for the duration of the lesson. Note: This course is being offered as an adult/child class until further notice.

Age: 4-6				M/NM
19206	Sa	6/19-8/7	11:15-11:55 AM	\$82/\$102
19207	Su	6/20-8/8	9:45-10:25 AM	\$82/\$102
19383	M-Th	6/21-7/2	9:45-10:25 AM	\$94/\$117
19331	M-Th	6/21-7/2	3-3:35 PM	\$94/\$117
19392	M-Th	7/5-7/16	9-9:40 AM	\$94/\$117
19330	M-Th	7/5-7/16	4:20-4:55 PM	\$94/\$117
19384	M-Th	7/19-7/30	9:45-10:25 AM	\$94/\$117
19391	Tu,Th	7/20-8/12	7:35-8:10 PM	\$94/\$117
19332	M-Th	8/2-8/13	10:35-11:15 AM	\$94/\$117

Floaters I

This swim class is designed for children who need to become adjusted to water. They learn to do front and back floats, kick and stroke, as well as put their faces in the water. Children learn to swim 5 yards on their front and back. Note: This course is being offered as an adult/child class until further notice.

Age: 4-6				M/NM
19210	Sa	6/19-8/7	9-9:40 AM	\$82/\$102
19211	Sa	6/19-8/7	9:45-10:25 AM	\$82/\$102
19212	Sa	6/19-8/7	10:30-11:10 AM	\$82/\$102
19213	Sa	6/19-8/7	11:15-11:55 AM	\$82/\$102
19216	Su	6/20-8/8	9-9:40 AM	\$82/\$102
19217	Su	6/20-8/8	10:30-11:10 AM	\$82/\$102
19218	Su	6/20-8/8	11:15-11:55 AM	\$82/\$102
19219	Su	6/20-8/8	12-12:40 PM	\$82/\$102
19402	M-Th	6/21-7/2	9-9:40 AM	\$94/\$117
19393	M-Th	6/21-7/2	9:45-10:25 AM	\$94/\$117
19343	M-Th	6/21-7/2	10:35-11:15 AM	\$94/\$117
19344	M-Th	6/21-7/2	11:20 AM-12 PM	\$94/\$117
19373	M-Th	6/21-7/2	3:40-4:15 PM	\$94/\$117
19374	M-Th	6/21-7/2	4:20-4:55 PM	\$94/\$117
19375	M-Th	6/21-7/2	7:35-8:10 PM	\$94/\$117
19376	M-Th	6/21-7/2	8:15-8:55 PM	\$94/\$117
19403	M-Th	7/5-7/16	9-9:40 AM	\$94/\$117
19404	M-Th	7/5-7/16	9:45-10:25 AM	\$94/\$117
19345	M-Th	7/5-7/16	10:35-11:10 AM	\$94/\$117
19346	M-Th	7/5-7/16	3-3:35 PM	\$94/\$117
19347	M-Th	7/5-7/16	3:40-4:15 PM	\$94/\$117
19348	M-Th	7/5-7/16	4:20-4:55 PM	\$94/\$117
19349	M-Th	7/5-7/16	7:35-8:10 PM	\$94/\$117
19350	M-Th	7/5-7/16	8:15-8:55 PM	\$94/\$117
19406	M-Th	7/19-7/30	9-9:40 AM	\$94/\$117
19405	M-Th	7/19-7/30	9:45-10:25 AM	\$94/\$117
19351	M-Th	7/19-7/30	11:20 AM-12 PM	\$94/\$117
19377	M-Th	7/19-7/30	3-3:35 PM	\$94/\$117
19378	M-Th	7/19-7/30	3:40-4:15 PM	\$94/\$117
19372	M-Th	7/19-7/30	4:20-4:55 PM	\$94/\$117

19379	M-Th	7/19-7/30	7:35-8:10 PM	\$94/\$117
19380	M-Th	7/19-7/30	8:15-8:55 PM	\$94/\$117
19407	M-Th	8/2-8/13	9-9:40 AM	\$94/\$117
19410	M-Th	8/2-8/13	9:45-10:25 AM	\$94/\$117
19352	M-Th	8/2-8/13	10:35-11:15 AM	\$94/\$117
19353	M-Th	8/2-8/13	3-3:35 PM	\$94/\$117
19354	M-Th	8/2-8/13	3:40-4:15 PM	\$94/\$117
19355	M-Th	8/2-8/13	4:20-4:55 PM	\$94/\$117
19356	M-Th	8/2-8/13	7:35-8:10 PM	\$94/\$117
19357	M-Th	8/2-8/13	8:15-8:55 PM	\$94/\$117

Floaters 2

This swim class is for children who are comfortable in the water, can submerge for 5-10 seconds and can swim 5 yards on their front and back. They continue to work on and develop basic swimming skills, such as front and back glides, coordinated kick and arm strokes and rhythmic breathing. Prior swim lesson experience recommended. Note: This course is being offered as an adult/child class until further notice.

Age: 4-6				M/NM
19208	Sa	6/19-8/7	9-9:40 AM	\$82/\$102
19209	Sa	6/19-8/7	10:30-11:10 AM	\$82/\$102
19214	Su	6/20-8/8	9:45-10:25 AM	\$82/\$102
19215	Su	6/20-8/8	10:30-11:10 AM	\$82/\$102
19396	M-Th	6/21-7/2	9-9:40 AM	\$94/\$117
19397	M-Th	6/21-7/2	9:45-10:25 AM	\$94/\$117
19368	M-Th	6/21-7/2	3:40-4:15 PM	\$94/\$117
19369	M-Th	6/21-7/2	4:20-4:55 PM	\$94/\$117
19409	M-Th	7/5-7/16	9-9:40 AM	\$94/\$117
19408	M-Th	7/5-7/16	9:45-10:25 AM	\$94/\$117
19364	M-Th	7/5-7/16	10:35-11:15 AM	\$94/\$117
19363	M-Th	7/5-7/16	3:40-4:15 PM	\$94/\$117
19381	M-Th	7/5-7/16	4:20-4:55 PM	\$94/\$117
19398	M-Th	7/19-7/30	9-9:40 AM	\$94/\$117
19399	M-Th	7/19-7/30	9:45-10:25 AM	\$94/\$117
19370	M-Th	7/19-7/30	10:35-11:15 AM	\$94/\$117
19382	M-Th	7/19-7/30	3:40-4:15 PM	\$94/\$117
19371	M-Th	7/19-7/30	4:20-4:55 PM	\$94/\$117
19400	M-Th	8/2-8/13	9-9:40 AM	\$94/\$117
19401	M-Th	8/2-8/13	9:45-10:25 AM	\$94/\$117
19361	M-Th	8/2-8/13	3:40-4:15 PM	\$94/\$117
19362	M-Th	8/2-8/13	4:20-4:55 PM	\$94/\$117

Strokers I

Children who can swim a combined stroke on their front with rhythmic breathing and on their back for at least 8 yards should take this class. The focus is on stroke development in front crawl, back crawl and elementary backstroke arms and kick. Treading water and rhythmic breathing skills are also taught.

Age: 4-7				M/NM
19199	Sa	6/19-8/7	11:15-11:55 AM	\$82/\$102
19200	Su	6/20-8/8	9:45-10:25 AM	\$82/\$102
19201	Su	6/20-8/8	9-9:40 AM	\$82/\$102
19388	M-Th	6/21-7/2	9-9:40 AM	\$94/\$117
19340	M-Th	6/21-7/2	4:20-4:55 PM	\$94/\$117

19394	M-Th	7/5-7/16	9:45-10:25 AM	\$94/\$117
19360	M-Th	7/5-7/16	3:40-4:15 PM	\$94/\$117
19389	M-Th	7/19-7/30	9-9:40 AM	\$94/\$117
19341	M-Th	7/19-7/30	3:40-4:15 PM	\$94/\$117
19390	M-Th	8/2-8/13	9:45-10:25 AM	\$94/\$117
19342	M-Th	8/2-8/13	3:40-4:15 PM	\$94/\$117

Strokers 2

This class is for children who can swim a coordinated front crawl with rhythmic breathing and backstroke for 15 yards, and are comfortable in deep water. They work on perfecting front/back crawl, elementary backstroke and treading water. Students are introduced to coordinated breaststroke.

Age: 4-7				M/NM
19202	Sa	6/19-8/7	9-9:40 AM	\$82/\$102
19203	Su	6/20-8/8	11:15-11:55 AM	\$82/\$102
19386	M-Th	6/21-7/2	9:45-10:25 AM	\$94/\$117
19337	M-Th	6/21-7/2	3:40-4:15 PM	\$94/\$117
19358	M-Th	7/5-7/16	10:35-11:15 AM	\$94/\$117
19359	M-Th	7/5-7/16	3:40-4:15 PM	\$94/\$117
19387	M-Th	7/19-7/30	9-9:40 AM	\$94/\$117
19338	M-Th	8/2-8/13	10:35-11:15 AM	\$94/\$117
19339	M-Th	8/2-8/13	3:40-4:15 PM	\$94/\$117

Strokers 3

This class is for children who can swim freestyle with side breathing, backstroke and elementary backstroke for 25 yards. In addition, the ability to swim a coordinated breaststroke and the butterfly kick is required. Successful completion of Strokers 2 (or comparable level in another program) is also required to enroll in this class.

Age: 4-7				M/NM
19204	Sa	6/19-8/7	9-9:40 AM	\$82/\$102
19205	Su	6/20-8/8	12-12:40 PM	\$82/\$102
19333	M-Th	6/21-7/2	10:35-11:15 AM	\$94/\$117
19334	M-Th	6/21-7/2	4:20-4:55 PM	\$94/\$117
19395	M-Th	7/5-7/16	9-9:40 AM	\$94/\$117
19335	M-Th	7/19-7/30	10:35-11:15 AM	\$94/\$117
19336	M-Th	7/19-7/30	4:20-4:55 PM	\$94/\$117
19385	M-Th	8/2-8/13	9-9:40 AM	\$94/\$117

Mini Swim Team Prep

This swim class is for children who can swim freestyle with bilateral breathing and backstroke for 50 yards. In addition, children must swim a legal coordinated breaststroke for 25 yards and be able to do butterfly arms and kicking. Successful completion of Strokers 3 is required to enroll in this class.

Age: 5-7				M/NM
19365	M-Th	6/21-7/2	11:20 AM-12 PM	\$94/\$117
19366	Tu,Th	6/22-7/15	7:35-8:10 PM	\$94/\$117
19367	M-Th	7/5-7/16	11:20 AM-12 PM	\$94/\$117



CHECK OUT OUR FITNESS ROOM AT RSFC

Featuring:

- 5 Treadmills
- 4 Elliptical Machines
- 2 Rowing Machines
- 3 Recumbant Bikes
- 2 Step/Climber Machines
- 13 Pieces of Single-Station Strength Training Equipment and Free Weights.
- Meeting Room (Available for Rentals and Parties).

Advanced reservations are required and available for Rockville residents and swim center members only.

240-314-8750

www.rockvillemd.gov/swimcenter

Children/Teen Swim

Youth 1

Water adjustment is the focus of this class. Children are introduced to front and back floats, kicking, arm stroking, blowing bubbles and swimming 7 yards front and back. Children must also be able to fully submerge and must be comfortable with all of these skills prior to moving on to Youth 2. Note: This course is being offered as an adult/child class until further notice.

Age: 7-15				M/NM
19157	Sa	6/19-8/7	9:45-10:25 AM	\$82/\$102
19158	Su	6/20-8/8	9-9:40 AM	\$82/\$102
19159	Su	6/20-8/8	11:15-11:55 AM	\$82/\$102
19160	Su	6/20-8/8	12-12:40 PM	\$82/\$102
19285	M-Th	6/21-7/2	9:45-10:25 AM	\$94/\$117
19232	M-Th	6/21-7/2	10:35-11:15 AM	\$94/\$117
19233	M-Th	6/21-7/2	3:40-4:15 PM	\$94/\$117
19234	M-Th	6/21-7/2	4:20-4:55 PM	\$94/\$117
19281	M-Th	7/5-7/16	9-9:40 AM	\$94/\$117
19282	M-Th	7/5-7/16	9:45-10:25 AM	\$94/\$117
19235	M-Th	7/5-7/16	11:20 AM-12 PM	\$94/\$117
19236	M-Th	7/5-7/16	3:40-4:15 PM	\$94/\$117
19283	M-Th	7/19-7/30	9:45-10:25 AM	\$94/\$117
19237	M-Th	7/19-7/30	10:35-11:15 AM	\$94/\$117
19238	M-Th	7/19-7/30	3:40-4:15 PM	\$94/\$117
19284	M-Th	8/2-8/13	9-9:40 AM	\$94/\$117
19239	M-Th	8/2-8/13	11:20 AM-12 PM	\$94/\$117
19240	M-Th	8/2-8/13	3:40-4:15 PM	\$94/\$117



Youth 2

A class for children who can submerge for 5-10 seconds, do a front and back float and swim 7 yards on their front and back. Basic swimming skills, such as front and back glides, arm stroking on front and back, kicking and rhythmic breathing are taught. Note: This course is being offered as an adult/child class until further notice.

Age: 7-15				M/NM
19161	Sa	6/19-8/7	10:30-11:10 AM	\$82/\$102
19162	Sa	6/19-8/7	9:45-10:25 AM	\$82/\$102
19163	Su	6/20-8/8	10:30-11:10 AM	\$82/\$102
19164	Su	6/20-8/8	12-12:40 PM	\$82/\$102
19286	M-Th	6/21-7/2	9-9:40 AM	\$94/\$117
19263	M-Th	6/21-7/2	3-3:35 PM	\$94/\$117
19287	M-Th	7/5-7/16	9:45-10:25 AM	\$94/\$117
19264	M-Th	7/5-7/16	3-3:35 PM	\$94/\$117
19288	M-Th	7/19-7/30	9-9:40 AM	\$94/\$117
19289	M-Th	7/19-7/30	9:45-10:25 AM	\$94/\$117
19265	M-Th	7/19-7/30	3-3:35 PM	\$94/\$117
19290	M-Th	8/2-8/13	9:45-10:25 AM	\$94/\$117
19266	M-Th	8/2-8/13	3-3:35 PM	\$94/\$117

Youth 3

Children who can swim a combined stroke for 10 yards on their front and back should take this class. Children learn elementary backstroke arms and kick, rhythmic breathing, how to tread water and improve their stroke.

Age: 7-15				M/NM
19165	Sa	6/19-8/7	10:30-11:10 AM	\$82/\$102
19167	Su	6/20-8/8	10:30-11:10 AM	\$82/\$102
19168	Su	6/20-8/8	11:15-11:55 AM	\$82/\$102
19291	M-Th	6/21-7/2	9:45-10:25 AM	\$94/\$117
19267	M-Th	6/21-7/2	3-3:35 PM	\$94/\$117
19292	M-Th	7/5-7/16	9-9:40 AM	\$94/\$117
19268	M-Th	7/5-7/16	3-3:35 PM	\$94/\$117
19293	M-Th	7/19-7/30	9-9:40 AM	\$94/\$117
19269	M-Th	7/19-7/30	3-3:35 PM	\$94/\$117
19270	M-Th	7/19-7/30	4:20-4:55 PM	\$94/\$117
19294	M-Th	8/2-8/13	9-9:40 AM	\$94/\$117
19295	M-Th	8/2-8/13	9:45-10:25 AM	\$94/\$117
19271	M-Th	8/2-8/13	3-3:35 PM	\$94/\$117

Youth 4

Children who are comfortable in deep water and who can swim a coordinated front crawl stroke with rhythmic breathing and backstroke for 15 yards should take this class. Children work on perfecting front and back strokes, and treading water. Coordinated breaststroke is introduced. Prerequisite: Youth 3.

Age: 7-15				M/NM
19169	Sa	6/19-8/7	9:45-10:25 AM	\$82/\$102
19170	Su	6/20-8/8	9-9:40 AM	\$82/\$102
19176	Su	6/20-8/8	9:45-10:25 AM	\$82/\$102
19177	Su	6/20-8/8	11:15-11:55 AM	\$82/\$102
19296	M-Th	6/21-7/2	9-9:40 AM	\$94/\$117
19272	M-Th	6/21-7/2	3:40-4:15 PM	\$94/\$117
19297	M-Th	7/5-7/16	9:45-10:25 AM	\$94/\$117
19273	M-Th	7/5-7/16	3-3:35 PM	\$94/\$117
19298	M-Th	7/19-7/30	9-9:40 AM	\$94/\$117
19299	M-Th	7/19-7/30	9:45-10:25 AM	\$94/\$117
19274	M-Th	7/19-7/30	3:40-4:15 PM	\$94/\$117

19300	M-Th	8/2-8/13	9-9:40 AM	\$94/\$117
19301	M-Th	8/2-8/13	9:45-10:25 AM	\$94/\$117
19275	M-Th	8/2-8/13	3-3:35 PM	\$94/\$117
19276	M-Th	8/2-8/13	4:20-4:55 PM	\$94/\$117

Youth 5

This class is for children who can swim one length of front crawl and back crawl, and swim 15 yards of elementary backstroke in good form, as well as tread water and dive into and swim in deep water. Children learn bilateral breathing for front crawl, breaststroke, sidestroke, butterfly arms and dolphin kick. All other previously learned strokes are refined.

Age: 7-15		M/NM		
19178	Sa	6/19-8/7	9:45-10:25 AM	\$82/\$102
19179	Sa	6/19-8/7	11:15-11:55 AM	\$82/\$102
19180	Su	6/20-8/8	9:45-10:25 AM	\$82/\$102
19181	Su	6/20-8/8	10:30-11:10 AM	\$82/\$102
19224	M-Th	6/21-7/2	9-9:40 AM	\$94/\$117
19277	M-Th	6/21-7/2	3-3:35 PM	\$94/\$117
19225	M-Th	7/5-7/16	9-9:40 AM	\$94/\$117
19278	M-Th	7/5-7/16	4:20-4:55 PM	\$94/\$117
19226	M-Th	7/19-7/30	9:45-10:25 AM	\$94/\$117
19279	M-Th	7/19-7/30	3-3:35 PM	\$94/\$117
19303	M-Th	7/19-7/30	8:15-8:55 PM	\$94/\$117
19227	M-Th	8/2-8/13	9-9:40 AM	\$94/\$117
19255	M-Th	8/2-8/13	11:20 AM-12 PM	\$94/\$117
19280	M-Th	8/2-8/13	4:20-4:55 PM	\$94/\$117

Youth 6

This class requires the ability to swim two lengths (50 yards) of front crawl, and backstroke, and 15 yards of side stroke and breaststroke, all in good form. Children work on breaststroke, butterfly and turns, in addition to refining other strokes.

Age: 7-15		M/NM		
19182	Sa	6/19-8/7	9-9:40 AM	\$82/\$102
19183	Su	6/20-8/8	10:30-11:10 AM	\$82/\$102
19228	M-Th	6/21-7/2	9:45-10:25 AM	\$94/\$117
19229	M-Th	7/5-7/16	9:45-10:25 AM	\$94/\$117
19256	M-Th	7/5-7/16	4:20-4:55 PM	\$94/\$117
19257	M-Th	7/19-7/30	11:20 AM-12 PM	\$94/\$117
19258	M-Th	7/19-7/30	4:20-4:55 PM	\$94/\$117
19260	M-Th	8/2-8/13	4:20-4:55 PM	\$94/\$117
19304	M-Th	8/2-8/13	8:15-8:55 PM	\$94/\$117

Youth 7

Swimmers able to swim four lengths (100 yards) of freestyle and backstroke, and one full length (25 yards) of breaststroke, should take this class. Children work on stroke improvement, endurance, butterfly, turns and racing dives. Prerequisite: Youth 5 and 6.

Age: 7-15		M/NM		
19184	Sa	6/19-8/7	10:30-11:10 AM	\$82/\$102
19185	Sa	6/19-8/7	11:15-11:55 AM	\$82/\$102
19186	Su	6/20-8/8	9-9:40 AM	\$82/\$102
19230	M-Th	6/21-7/2	9-9:40 AM	\$94/\$117
19171	M-Th	7/5-7/16	8:15-8:55 PM	\$94/\$117
19172	M-Th	7/19-7/30	11:20 AM-12 PM	\$94/\$117
19231	M-Th	8/2-8/13	9:45-10:25 AM	\$94/\$117
19259	M-Th	8/2-8/13	11:20 AM-12 PM	\$94/\$117

Swim Team Prep

Swimmers must be able to swim four lengths (100 yards) of a coordinated freestyle, backstroke and breaststroke, and one length (25 yards) of butterfly. Speed and endurance are emphasized, as well as turns and racing starts. Prerequisite: Successful completion of Youth 6 and 7.

Age: 7-15		M/NM		
19315	M-Th	3/5	9-9:40 AM	\$94/\$117
19319	M-Th	3/5	10:35-11:15 AM	\$94/\$117
19320	M-Th	3/5	7:35-8:10 PM	\$94/\$117
19308	M-Th	3/5	8:15-8:55 PM	\$94/\$117
19244	M-Th	6/21-7/2	11:20 AM-12 PM	\$94/\$117
19305	M-Th	6/21-7/2	8:15-8:55 PM	\$94/\$117
19245	M-Th	7/5-7/16	11:20 AM-12 PM	\$94/\$117

Swim 4 Fitness for Teens

Geared towards teens with prior swimming experience (must be at least Youth Level 7) who are looking to build their aerobic ability. The goal of the class is to swim a mile in 45 minutes with minimal stroke correction. Fins, kickboard and hand paddles are recommended. No report cards are issued for this class.

Age: 12-15		M/NM		
19175	Su	6/20-8/8	12-12:45 PM	\$82/\$102
19302	M	6/21-8/9	7:30-8:10 PM	\$94/\$117
19137	W	6/23-8/11	7:30-8:10 PM	\$94/\$117
19248	F	6/25-8/13	11:10-11:55 AM	\$94/\$117



Adult Swim

Adult Beginner 3

Swimmers registering for this class should be comfortable in deep water, able to tread water and swim 20 yards of front and back crawl. Refine your front and back crawl and learn the elementary backstroke and breaststroke. Successful completion of Adult Beginner 2 preferred.

Age: 14+				M/NM
19250	M,W	6/21-7/16	8:20-9:05 PM	\$94/\$117
19222	Tu,Th	6/22-7/15	8:20-9:05 PM	\$94/\$117
19253	M,W	7/19-8/11	8:20-9:05 PM	\$94/\$117
19254	Tu,Th	7/20-8/12	7:35-8:20 PM	\$94/\$117

Adult Beginner 4

Developed for participants who can swim one length of the pool but still need work on endurance and technique. Rhythmic breathing and treading water are skills required prior to taking this class. Front and backstroke, breaststroke, elementary backstroke and sidestroke techniques are stressed. Skills are taught to prepare students for Adult Stroke Correction. Prerequisite: Adult Beginner 3.

Age: 14+				M/NM
19261	M,W	6/21-7/16	8:20-9:05 PM	\$94/\$117
19262	M,W	7/19-8/11	8:20-9:05 PM	\$94/\$117
19249	Tu,Th	7/20-8/12	7:35-8:20 PM	\$94/\$117



Adult Water Fitness

Aqua Blast

Start your day off right with a fast-paced, early morning exercise class at the Swim and Fitness Center. This no-impact, high-energy workout tones your muscles while improving endurance with an emphasis on cardiovascular training. Includes abdominal and barbell work. No equipment is provided.

Age: 16+				M/NM
19112	Tu	6/22-8/10	6:35-7:20 AM	\$45/\$54
19097	Th	6/24-8/12	6:35-7:20 AM	\$45/\$54

Aqua Boot Camp

This fast-paced class helps you reach your fitness goals now! The exercises are performed in deep water, and regardless of your age, size, fitness or swim level, you can achieve noticeable results. Great for those whose schedules allow just one day a week to attend or as a challenging addition to some of our other programs.

Age: 16+				M/NM
19102	M	6/21-8/9	10:15-11 AM	\$45/\$54
19101	W	6/23-8/11	10:15-11 AM	\$45/\$54
19100	F	6/25-8/13	10:15-11 AM	\$45/\$54

Aqua Fitness

This low-impact, high-intensity swim program is designed to improve flexibility, range of motion, strength, muscle tone, posture and cardiovascular endurance, all while burning calories. Exercises are performed in chest-deep water to music. Styrofoam barbells and/or pool noodles may be used and are not provided.

Age: 16+				M/NM
19106	M	6/21-8/9	8:30-9:15 AM	\$45/\$54
19105	M	6/21-8/9	9:20-10:05 AM	\$45/\$54
19110	Tu	6/22-8/10	8:30-9:15 AM	\$45/\$54
19111	Tu	6/22-8/10	9:20-10:05 AM	\$45/\$54
19107	W	6/23-8/11	8:30-9:15 AM	\$45/\$54
19108	W	6/23-8/11	9:20-10:05 AM	\$45/\$54
19096	Th	6/24-8/12	8:30-9:15 AM	\$45/\$54
19095	Th	6/24-8/12	9:20-10:05 AM	\$45/\$54
19104	F	6/25-8/13	8:30-9:15 AM	\$45/\$54
19109	F	6/25-8/13	9:20-10:05 AM	\$45/\$54

Deep Water Running and Conditioning

This program emphasizes cardiovascular strength and endurance, as well as flexibility, range of motion and core strength. Classes are held in the deep water and participants use flotation belts. No swimming skills are necessary. Program benefits runners and other active exercisers who are looking for a challenging workout.

Age: 16+				M/NM
19103	Tu	6/22-8/10	10:15-11 AM	\$45/\$54
19094	Th	6/24-8/12	10:15-11 AM	\$45/\$54

Deep Water Workout

Enjoy this swim class taught in the deep end of the South Pool. Ideal for participants who need a no-impact workout. Strengthen your core muscles and get an excellent workout without adding any stress to knee or hip joints. Floatation belts are used.

Age: 16+			M/N/M
19117	M	6/21-8/9	9:10-9:55 AM \$45/\$54
19120	Tu	6/22-8/10	7:10-7:55 PM \$45/\$54
19118	W	6/23-8/11	9:10-9:55 AM \$45/\$54
19099	Th	6/24-8/12	7:10-7:55 PM \$45/\$54
19119	F	6/25-8/13	9:10-9:55 AM \$45/\$54

H2O Walking

Did you know 30 minutes of water walking equals two hours of walking on land? This swim class is perfect for weight loss or general fitness and is more challenging than you think. Non-swimmers and beginners welcome. Taught in shallow- to chest-deep water. Music is used.

Age: 16+			M/N/M
19113	M	6/21-8/9	9:15-10 AM \$45/\$54
19116	Tu	6/22-8/10	7:10-7:55 PM \$45/\$54
19115	W	6/23-8/11	9:15-10 AM \$45/\$54
19098	Th	6/24-8/12	7:10-7:55 PM \$45/\$54
19114	F	6/25-8/13	9:15-10 AM \$45/\$54

Swim 4 Fitness

Learn to swim farther without getting tired. The goal is to swim 1 mile in 45 minutes without fatigue, using different strokes. Freestyle, backstroke and breaststroke are emphasized. Students must be able to swim 100 yards without stopping. Equipment needed: fins, hand paddles and pull buoys.

Age: 14+			M/N/M
19128	Tu	6/22-8/10	8:20-9:05 PM \$55/\$67
19129	Th	6/24-8/12	8:20-9:05 PM \$55/\$67



RSFC IS NOW HIRING!

**Lifeguards • Swim Instructors
Front Desk Attendants
Water and Land Fitness Instructors**

Apply online at www.rockvillemd.gov/careers

For additional information, call **240-314-8750** or visit
www.rockvillemd.gov/swimcenter

Certification and Training

Lifeguard Training

The American Red Cross Lifeguard Training course will prepare students for certification in Lifeguard Training, CPR/AED for the Professional Rescuer, and First Aid. Students must be 15 years old by the last day of the course and pass a pre-screen test (300-yard continuous swim with rhythmic breathing using front crawl or breast stroke, 10 pound brick retrieval within one minute, 40 seconds and tread water using legs only for two minutes) on the first day of the session in order to continue participation in class. If a student does not pass the pre-screen, a course fee refund, minus \$15 administrative fee, will be issued. Class sessions will be held at the Rockville Swim and Fitness Center. A detailed course schedule and syllabus will be provided via email before the first day of class. Students **MUST** attend all class sessions as scheduled.

Age: 15+

19439	F-Su	6/18-6/20	Times vary	\$195
19442	Su-F	6/27-7/2	Times vary	\$195
19443	Su-Su	7/11-7/18	Times vary	\$195
19444	M-Su	7/19-7/25	Times vary	\$195
19445	Su-F	8/1-8/6	Times vary	\$195

Lifeguard Training Review

The American Red Cross Lifeguard Training Review Course is for currently certified American Red Cross Lifeguards in looking to renew their certification. Upon successful completion of the course, certification in Lifeguard Training, CPR/AED for the Professional Rescuer and First Aid will be issued for a two-year period. Students should bring documentation of their current American Red Cross Lifeguard Training certification, and CPR mask to the first class meeting.

Students must be 15 years old by the last day of the course and pass a pre-screen test (300-yard continuous swim with rhythmic breathing, using front crawl or breast stroke, 10 pound brick retrieval within one minute, 40 seconds and tread water using legs only for two minutes) on the first day of the session in order to continue participation in class. If a student does not pass the pre-screen, a course fee refund, minus \$15 administrative fee will be issued. Class sessions will be held at the Rockville Swim and Fitness Center (355 Martins Lane Rockville MD 20850). Students **MUST** attend all class sessions as scheduled.

Age: 15+

19436	Sa	6/12	3-11 PM	\$125
19437	Sa	7/31	3-11 PM	\$125



TOTS AND PRESCHOOLERS

Arts, Dance and Enrichment

Little Fingers Music (Adult/Child)

Instill a love of music through a fun online learning experience. Students are introduced to the guitar or piano, learn about musical concepts and play songs. Program fee includes the instrument rental, shipping and a workbook for each child that is intended for use during class and independent practice. Instrument and materials will be shipped to your home and can be returned via the U.S. Postal Service. Brought to you by Learn Now Music.

Guitar

Age: 3-5
18933 Sa 3/1 9:45-10:15 AM \$95/\$105
Online/Learn Now Music Staff

Piano

Age: 2-5
18932 Sa 3/1 9:45-10:15 AM \$95/\$105
Online/Learn Now Music Staff

Music Together - ONLINE (Adult/Child)

Enjoy our high-quality music curriculum loved by families and teachers around the world - from home! Each week, you'll enjoy a live Zoom class (several time options to choose from) and have access to three prerecorded classes to watch at your convenience. You will also receive our award-winning music CDs and songbooks (physical and digital copies), and bonus content such as activity sheets, videos and ideas for making music as a family. Even though your teacher is on the screen, each class has been designed as an active music-making experience for little ones and their grownups. One fee includes the whole family so you can all enjoy Music Together.

Age: 1m-5
18944 M-F 6/14-8/6 On-demand \$169/\$189
Online/Winkler/Liddle

Martial Arts

Kicks Karate - Little Ninjas

A fun class designed for children to learn the basic skills of karate. Teachers focus on developing concentration, self-control and confidence. Small class sizes and a professional environment ensures a positive experience. Fee includes belt and an official Kicks Karate uniform for first-time students. Sign up for two classes and save \$29.

Age: 3yr 6m-6
18956 M 6/28-7/26 4-4:35 PM \$85/\$95
18957 Tu 6/29-7/27 5:40-6:15 PM \$85/\$95
18958 W 6/30-7/28 4-4:35 PM \$85/\$95
18959 Th 7/1-7/29 5:40-6:15 PM \$85/\$95
18960 F 7/2-7/30 4-4:35 PM \$85/\$95
18955 Sa 7/3-7/31 9:50-10:25 AM \$85/\$95
Kicks Karate/Staff

Sports - Instructional

Batter Up T-Ball Skills - Beginner

Experience what it's like to be on a team through game-like play! Coaches teach the fundamentals of baseball through fun skill-building activities and give one-on-one attention to help kids learn the game. Throwing, catching and batting are introduced. Bring a mitt to class.

Age: 4-6
19047 Tu 6/15-7/20 5-5:50 PM \$65/\$75
King Farm Park

Age: 6-8
19048 Tu 6/15-7/20 6-6:50 PM \$65/\$75
King Farm Park

Tiny Hoopers

Time to get those tiny feet moving on the basketball court. Learn the basics of basketball, like dribbling, catching and passing. Masks are required at all times. Safety procedures such as physical distancing and assigned equipment for each participant are in place.

Age: 4-6
18654 M 6/28-8/9 4:30-5:15 PM \$70/\$80
Lincoln Park CC/Dawkins



Bankshot Playcourts

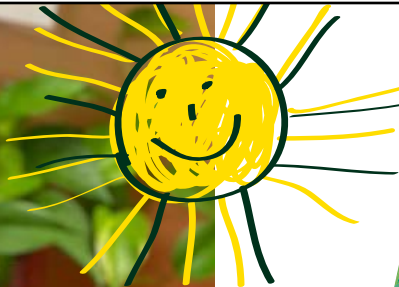
Great opportunity for families to play an alternative version of basketball.

Two Rockville Park locations

Mattie J.T. Stepanek Park
1800 Piccard Dr

Montrose Community Center and Park
451 Congressional Lane

For more information on any of our 65 parks visit
www.rockvillemd.gov/parksandfacilities



Spaces are available at the
City of Rockville's

MONTROSE
Discovery Preschool

451 Congressional Lane, Rockville

9:30 a.m.-1 p.m., \$590/\$680 per month

8 a.m.-5 p.m., \$1130/\$1290 per month



Small class sizes. Experienced, loving teachers.
All Covid-19 safety measures followed.

Children must be 3-5 years old and potty trained.
Contact childcare@rockvillemd.gov to schedule a virtual tour.



www.rockvillemd.gov/preschool



CHILDREN

Arts, Dance and Enrichment

Ballet for Children

Learn the art of ballet through an elementary but professional approach. Register for your current level. Students will advance by instructor recommendation. Solid color leotard and ballet shoes recommended. Register for one class and add additional classes of similar level (of equal or lesser value) for \$35 each. Small group, in-person instruction may be introduced on a rotating basis as space and safety permits.

Young Beginner

Age: 5-7
18926 F 6/18-8/20 4:30-5:25 PM \$95/\$105
Online/Simpson

Beginner

Age: 6-13
18928 F 6/18-8/20 5:45-6:40 PM \$95/\$105
Online/Simpson

Beginner

Age: 6-13
18927 Sa 6/19-8/21 12:20-1:20 PM \$95/\$105
Online/Simpson

Intermediate I

Age: 8+
18929 M 6/14-8/16 4:30-5:20 PM \$95/\$105
Online/Chongpinitchai

Intermediate II

Age: 9+
18930 W 6/16-8/18 4:30-5:20 PM \$95/\$105
Online/Simpson

Gaming from Glenview Mansion - Children

Do you want to explore dungeons and battle dragons? Have you ever dreamed of wielding magic to save the realm from dark forces? Then this is the game for you! Join us for virtual high-fantasy adventures in the world of Dungeons & Dragons (Fifth Edition). All experience levels welcome!

Age: 10-13

Session 1 - Tomb Raiders

19461 Sa 7/10-7/24 10 AM-1 PM Free
Online

Session 2 - The Black Diamond Heist

19462 Sa 8/7-8/21 10 AM-1 PM Free
Online

Guitar for Kids

Learn a new skill or refresh one long forgotten with this acoustic guitar course taught by Kevin Mittleman from the School of Music. Class covers basic strumming techniques, scales, melodies, basic theory and tips to get you playing. Students need a Guitar, Tuner, and a device capable of using Zoom. All class worksheets and materials will be shared electronically. Acoustic guitars can be rented for \$40 a semester by calling 301-340-1150.

Age: 8-12

18774 M 6/14-7/12 5-6 PM \$59/\$69
Online/The School of Music

Instrumental Musical Ensemble - ONLINE

Choose your instrument; drums, guitar, piano or violin, and let's make a musical ensemble! Musicians participate in online instrument instruction, explore music theory, enjoy listening excerpts and games. Program includes instrument rental and practice materials for at-home use. Choose your instrument when registering. Equipment will be shipped to your home and can be returned via the U.S. Postal Service. Shipping and instrument rental costs are included in the class fee. Brought to you by Learn Now Music.

Age: 5-12

18942	W	6/23-7/28	3:30-4:30 PM	\$189/\$199
18943	Th	6/24-7/29	6-7 PM	\$189/\$199

Online/Learn Now Music Staff

Summer Book Club

TCRC Book Club for Kids, where we encourage young readers to discover great books, share new stories, explore important topics, and have some bookish fun! From book-themed activities to discussion questions to plenty of inspiration for a great group conversation. Staff will lead weekly book club sessions via web conference for all the participants. Books are chosen by staff from MCPS summer reading lists. Participants must supply their own books and journals.

Age: 8-12

19591	W	6/30-8/11	3-4:30 PM	\$20/\$25
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Online

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ART
CLASSES

Join us for our online
and onsite art classes!

VisArts offers art
classes for all ages
and abilities in a wide
variety of media,
including ceramics,
painting, drawing and
glass!

Register at
www.visartscenter.org



Before and After School Enrichment

Early Birds

This morning program offers children a safe, fun environment with computer lab, crafts, organized games and other enrichment activities. Transportation is provided to Meadow Hall and Twinbrook elementaries. Program does not meet on MCPS non-school days. Optional daily drop-in is available for a \$10 daily fee.

Grade: K-5

19588	M-F	8/30-10/8	7-9:30 AM	\$140/\$160
19589	M-F	10/11-11/19	7-9:30 AM	\$140/\$160
19590	M-F	11/22-12/23	7-9:30 AM	\$140/\$160

Twinbrook CRC Annex

Afterschool Adventure

This program provides children with a safe and fun environment. Computer lab, crafts, organized games and other enrichment activities are offered. Transportation is provided from Meadow Hall and Twinbrook elementary schools. Program operates when school is in session and does meet on early release days.

Grade: K-5

19446	M-F	8/30-10/8	3-6:30 PM	\$180/\$200
19447	M-F	10/11-11/19	3-6:30 PM	\$180/\$200
19542	M-F	11/22-12/23	3-6:30 PM	\$180/\$200

Twinbrook CRC Annex

Beyond the Bell Afterschool Club

Enjoy time beyond the bell at Thomas Farm's afterschool club! Engage in enrichment activities, organized games and crafts. Homework help and a healthy snack are provided daily. The program operates when school is in session and on early release days. The program does not operate on no-school days.

Grade: K-5

19562	M-F	8/30-10/8	3:30-6:30 PM	\$180/\$200
19566	M-F	10/11-11/19	3:30-6:30 PM	\$180/\$200
19569	M-F	11/22-12/23	3:30-6:30 PM	\$180/\$200

Thomas Farm CC

Clubhouse

Children spend time learning, creating and exploring during this drop-in, after school program. Homework time, snacks, crafts and games are scheduled daily. Clubhouse is not held on MCPS non-school days but is open on half days weather permitting. All children must be picked up by 6:30 p.m. Extra charges apply for late pick-ups. MCPS bus transportation is provided from Maryvale, College Gardens, and Beall elementary schools to Lincoln Park Community Center (afternoon drop-off only). All other local schools students are transported by MCPS request.

Grade: K-5

19559	M-F	8/30-10/8	3:30-6:30 PM	\$145/\$165
19560	M-F	10/11-11/19	3:30-6:30 PM	\$145/\$165
19561	M-F	11/22-12/23	3:30-6:30 PM	\$145/\$165

Lincoln Park CC

Twinbrook Afterschool Club

Join us for after school activities that focus on recreation, fitness and fun. Homework help is included and a healthy snack is provided daily. The Club will meet on scheduled MCPS early release days but will not be held on non-school days and weather related early release days.

Grade: K-5

19474	M-F	8/30-10/8	3:40-6:30 PM	\$180/\$200
19475	M-F	10/11-11/19	3:40-6:30 PM	\$180/\$200
19476	M-F	11/22-12/23	3:40-6:30 PM	\$180/\$200

Twinbrook Elementary School

MY GYM CLASSES LIVE!

Enjoy live instruction from fun and entertaining teachers as a supplement to your children's home education learning, fitness and play.

Register by the week - \$16/\$18
Each registration includes multiple classes per week. Times vary by day.
See schedule for details.

Waddlers and Tiny Tykes

Under 2 years

Gymsters and Terrific Tots

2-3 years

Mighty Mites and Whiz Kids

3-6 years

Super Kids and Gymnastics

6-10 years



Fitness

Kids Fit Yoga

Did you know that in addition to improving strength, flexibility and body awareness, yoga can help increase focus and concentration? This class introduces a combination of partner and group games, fitness challenges and yoga.

Age: 8-12

19421 Sa 6/19-8/7 10:20-11:05 AM \$93/\$110
Rockville Swim and Fitness Center

Zumba Fit - Kids

In this fun, educational class, participants do a 15-20-minute kid-friendly warm up, then learn about the countries and cultures that inspired the dances presented. Each week, we'll visit a different country on the map to learn fun facts and each country's native dance. Participants will also play a game that combines what they learned with a fun activity. Class concludes with a cool down and the kids decorate their passports to record their journey.

Age: 7-12

19135 Sa 6/20-8/8 12:05-12:55 PM \$60/\$71
Rockville Swim and Fitness Center/Poole

Martial Arts

Fencing - Youth Beginner

Designed to expose children to the Olympic sport of fencing, this class emphasizes safety and proper technique. Equipment is provided. Participants need to wear comfortable clothes and a fencing glove (or garden/golf glove). Flexible swords are used.

Age: 7-9

18808 Th 7/15-9/2 6-7 PM \$128/\$140
18805 Sa 7/17-9/11 11 AM-12 PM \$128/\$140

Age: 10-13

18806 Th 7/15-9/2 7:20-8:40 PM \$128/\$140
18807 Sa 7/17-9/11 12:20-1:40 PM \$128/\$140

Rockville Fencing Academy/Staff

Kicks Karate - Children

A fun class designed for children to learn the basic skills of karate. Teachers focus on developing concentration, self-control and confidence. Small class sizes and a professional environment ensures a positive experience. Fee includes belt and an official Kicks Karate uniform for first-time students. Fee includes two classes per week. Choose two classes and at check-out the second classes will be discounted as free.

Age: 7-12

18966 M 6/28-7/26 4:35-5:20 PM \$129/\$139
18962 Tu 6/29-7/27 6:15-7 PM \$129/\$139
18963 W 6/30-7/28 4:35-5:20 PM \$129/\$139
18964 Th 7/1-7/29 6:15-7 PM \$129/\$139
18965 F 7/2-7/30 4:35-5:20 PM \$129/\$139
18961 Sa 7/3-7/31 12:55-1:40 PM \$129/\$139

Kicks Karate/Staff

Sports - Instructional

Batter Up T-Ball Skills - Beginner

Experience what it's like to be on a team through game-like play! Coaches teach the fundamentals of baseball through fun, skill-building activities and give one-on-one attention to help kids learn the game. Throwing, catching and batting are introduced. Bring a mitt to class.

Age: 4-6				
19047	Tu	6/15-7/20	5-5:50 PM	\$65/\$75
King Farm Park				
19049	F 6	/18-7/23	5-5:50 PM	\$65/\$75
Woodley Gardens Park				
Age: 6-8				
19048	Tu	6/15-7/20	6-6:50 PM	\$65/\$75
King Farm Park				

Kick Start Soccer Skills

Practice soccer fundamentals and develop better skills. Dribbling, passing, trapping and shooting are covered, as well as basic concepts for strategy and teamwork. Scrimmages will be introduced based on skill level of participants.

Age: 3-5				
19038	Sa	6/19-7/24	9-9:50 AM	\$65/\$75
King Farm Park/Hawkins				
Age: 4-6				
19036	Th	6/17-7/22	5-5:50 PM	\$65/\$75
Falls Grove Park				
Age: 5-7				
19039	Sa	6/19-7/24	10-10:50 AM	\$65/\$75
King Farm Park/ Hawkins				
Age: 7-9				
19037	Th	6/17-7/22	6-6:50 PM	\$65/\$75
Falls Grove Park				
Age: 8-10				
19040	Sa	6/19-7/24	11-11:50 AM	\$65/\$75
King Farm Park/Hawkins				

Make It Happen Basketball

This basketball program features techniques and drills that will turn you into a complete player. Learn the fundamentals and increase your speed and footwork with special speed and agility training. Program is taught by an instructor who played Overseas with and against some of the NBA's finest players. Safety procedures such as physical distancing and assigned equipment for each participant are in place. Face masks must be worn at all times.

Age: 8-11				
18655	W	6/30-8/4	4:30-5:30 PM	\$80/\$90
Lincoln Park CC/Williams				

Tennis (Adult/Child)

Want to learn tennis with your child? This class teaches tennis fundamentals to both adult and child at the same time. Great family activity. Price includes parent and one child; register child only. Adults should bring a racket. All other equipment is provided.

Age: 6-10				
18797	Sa	6/12-7/17	5-5:50 PM	\$95/\$105
Falls Grove Park/Z. Yargici				
Age: 6-10				
18798	F	6/11-7/16	4-4:50 PM	\$95/\$105
King Farm Park/Z. Yargici				
Age: 6-10				
18799	F	6/11-7/16	5-5:50 PM	\$95/\$105
King Farm Park/Z. Yargici				
Age: 6-10				
18800	F	6/11-7/16	6-6:50 PM	\$95/\$105
King Farm Park/Z. Yargici				

Tennis - Net Generation I

Enjoy tennis in a fun environment using smaller-sized rackets and softer balls on a smaller court. Learn grip, basic strokes and a variety of tennis related games. Bring a water bottle and a racket, if you own one, otherwise a junior racket will be provided.

Age: 5-7				
19013	Sa	6/12-7/17	9-9:50 AM	\$75/\$85
King Farm Park/M. Yargici				
19673	Sa	6/12-7/17	3-3:50 PM	\$75/\$85
Falls Grove Park/Z. Yargici				
19016	Sa	6/12-7/17	4-4:50 PM	\$75/\$85
Falls Grove Park/Z. Yargici				
19011	Su	6/13-7/18	9-9:50 AM	\$75/\$85
Woodley Gardens Park/Z. Yargici				
19012	M	6/14-7/19	4-4:50 PM	\$75/\$85
Potomac Woods Park/Z. Yargici				
19014	Tu	6/15-7/20	5-5:50 PM	\$75/\$85
Montrose CC and Park/Z. Yargici				
19015	Th	6/17-7/22	5-5:50 PM	\$75/\$85
Montrose CC and Park/Z. Yargici				

Tennis - Net Generation II

Learn and improve ground strokes and techniques as you meet other players in a fun setting. Rally skills and court coverage will be included and learning how to play games, based on skill development. Bring a water bottle and a racket if you own one, otherwise a junior racket will be provided.

Age: 8-10				
19017	Sa	6/12-7/17	10-10:50 AM	\$75/\$85
King Farm Park/M. Yargici				
19021	Su	6/13-7/18	10-10:50 AM	\$75/\$85
Woodley Gardens Park/Z. Yargici				
19018	M	6/14-7/19	5-5:50 PM	\$75/\$85
Potomac Woods Park/Z. Yargici				
19019	Tu	6/15-7/20	6-6:50 PM	\$75/\$85
Montrose CC and Park/Z. Yargici				
19020	Th	6/17-7/22	6-6:50 PM	\$75/\$85
Montrose CC and Park/Z. Yargici				

Tennis Skills and Drills I

Develop and improve fundamental skills, including use of proper grip, racket preparation and swing path. Participate in a variety of fun tennis drills and games that will keep you moving. Bring a racket and water bottle.

Age: 9-11				
18781	Sa	6/12-7/17	11-11:50 AM	\$75/\$85
King Farm Park/M. Yargici				

YOUTH FALL SPORTS LEAGUES



Cross Country

Have a blast with your friends running cross country in the fall. Program includes practices and meets for boys and girls. Five meets are planned at courses around the city on Saturday mornings, beginning 9/25. Volunteer coaches will conduct one practice during the week, starting the week of 9/6, and continuing throughout the season. Montgomery County Road Runners assist with meets. Early bird registration: register by 8/6 and save \$10. Registration deadline is 8/20.

Cost: prior to 8/6, fee is \$59 resident (R)/\$69 nonresident (NR). After 8/6 fee is \$69R/\$79NR.

Lil' Rabbits: Grade: 1-3, course #19055, run 3/4 of a mile at meets

Striders: Grade: 4-6 #19056, run 1 mile at meets

Blazers: Grade: 7-8, #19057, run 2 mile at meets

Season timeframe: Saturdays, 8-10 a.m., 9/25-10/23.

Practice timeframe: Weekday evenings (1 hour), 9/6-10/22.

Call for Volunteer Youth Sports Coaches!

Interested in giving back to your community? We have the perfect opportunity for you. Volunteer to coach one of our youth sports leagues this spring:

Youth Soccer • T-ball • Coach Pitch • Cross Country

For more information call **240-314-8620** or email **sports@rockvillemd.gov**

Officials Needed!

**Youth and Adult Leagues
Weekday Evenings and Weekends**

**Youth Soccer • Youth Basketball • Adult Softball
Adult Basketball • Adult Soccer**

For more information call **240-314-8620** or email **sports@rockvillemd.gov**

Worried about the weather? Call the Sports League Line at 240-314-5055.

Soccer Co-Ed League Fall

Your child will have a safe, and beneficial soccer experience. Emphasis is based on skill development and fun. There will be one practice during the week commencing 8/30 and continuing throughout the season. Games will be on Saturday's starting 9/18. Coaches will inform team members regarding practice and game times. Early bird registration: register by 8/6 and save \$10. Registration deadline is 8/20.

Pre-K to 3rd grade:

Cost: prior to 8/6, fee is \$60 resident (R)/\$70 nonresident (NR).
After 8/6 fee is \$70/\$80.

Ankle Biters - Boys

Grade: Pre-K (Age 4), course #19059

Ankle Biters - Girls

Grade: Pre-K (Age 4), course #19060

Tiny Kicks - Boys

Grade: Kindergarten, course #19061

Tiny Kicks - Girls

Grade: Kindergarten, course #19062

Strikers

Grade: 1, course #19063

Pee Wee

Grade: 2-3, course #19064

Season timeframe: Saturdays, 10 a.m.-3 p.m., 9/18-10/23.

Practice timeframe: Weekday evenings (1 hour), 8/30-10/22.

Game Location: Broome Athletic Park

4th to 8th grade:

Cost: prior to 8/6, fee is \$62 resident (R)/\$72 nonresident (NR). After 8/6 fee is \$72/\$82.

Bantam

Grade: 4-5, course #19065

Midget

Grade: 6-8, course #19066

Season timeframe: Saturdays, 10 a.m.-3 p.m., 9/18-10/30.

Practice timeframe: Weekday evenings (1 hour), 8/30-10/29.

Game Location: Mark Twain Athletic Park



ROCKVILLE FOOTBALL LEAGUE

Tackle • Ages 5-14

Start Dates:
Practices begin Aug. 3
Games begin early September

Location:
Mattie Stepanek Park
1800 Piccard Drive, Rockville,
MD 20850

Registration:
Information and fees available
on RFL website

www.rfl.cc.leag1.com



CROYDON CREEK NATURE CENTER

www.rockvillemd.gov/croydoncreek

240-314-8770 • naturecenter@rockvillemd.gov • 852 Avery Road, Rockville, MD 20851

Activities are held at Croydon Creek Nature Center. Registration is required and is available for programs up until the day of the event as space allows. Some programs fill quickly. There are no registration deadlines, unless otherwise stated.

Beekeeper Q & A

Did you know that a worker bee makes only 1/12 of a teaspoon of honey in its lifetime? Discover more fascinating facts about honeybees with our volunteer beekeeper through this live Webex webinar. Learn about the gear needed to successfully keep bees, the importance of honeybees and local pollinators and get all your buzzing questions about honeybees answered. Honey samples to taste during the program will be available for pick up at the Nature Center prior to the program.

Age: 5-99

18989 Sa 7/24 10-11 AM \$4/\$5

Online

Family Nature Hike

Start your weekend right with a morning hike! A naturalist will guide you through the Hayes Forest Preserve as you enjoy the outdoors and learn more about the natural world. Some hikes are more difficult than others. Please wear appropriate footwear and bring water. Limit on participants determined by social distance group rules. All participants including adults must register.

Heritage Trail

Explore the winding and uneven terrain of the 0.85 mile Heritage Trail.

Age: 2+

18990 Sa 6/5 9:30-10:30 AM \$4/\$5

Croydon Creek Nature Center

Woodland Trail

Investigate the ups and downs of the 1.5 mile Woodland Trail.

Age: 2+

18991 Sa 7/10 9:30-11 AM \$5/\$6

Croydon Creek Nature Center

Naturally Creative

Create your own works of art inspired by nature. Kits with limited supplies will be mailed to participants with a prompt to encourage your artistic process. Participants will be invited to a Webex where they can show and share their creations.

Waterscapes

Age: 3-7

18992 Th 6/17 10-11 AM \$8/\$10

Online

Flowers

Age: 3-7

18993 Th 7/15 10-11 AM \$8/\$10

Online

Spirals

Age: 3-7

18994 Th 8/19 10-11 AM \$8/\$10

Online

PARTY ON THE WILD SIDE

with Croydon Creek Nature Center
Virtual Parties!

Croydon Creek nature parties are designed to educate and entertain with virtual programming that highlight the wonders of nature. The Nature Center's staff will make sure you and your child have a memorable birthday experience all from the comfort of your own home!

BIRTHDAY PARTY THEMES

Virtual Classic Party

(ages 3+; all year)

Duration: 20-30 minutes

Would you like to make your birthday a little extra special? Meet some of Croydon Creek Nature Center's animal ambassadors virtually and learn what makes them unique!

Virtual Owl Party

(ages 7+; all year)

Duration: 20 minutes

Invite Cricket the Screech Owl to your birthday party! Meet him virtually and learn about amazing owl adaptations. Owl pellet dissection kits can be added on at additional cost for a birthday party no one will soon forget!

PARTY PLANNING DETAILS

Virtual parties hosted by Croydon Creek Nature Center feature a 30-minute, fun-filled animal presentation. Additional elements such as craft kits or owl pellet dissection kits can be added on for an additional fee. Please email Croydon Creek at ccnc@rockvillemd.gov for more details about a virtual party.

SCHEDULING A PARTY

Parties are scheduled year-round on Saturdays and Sundays. Call Croydon Creek Nature Center at 240-314-8770 for more information and date availability or email at ccnc@rockvillemd.gov

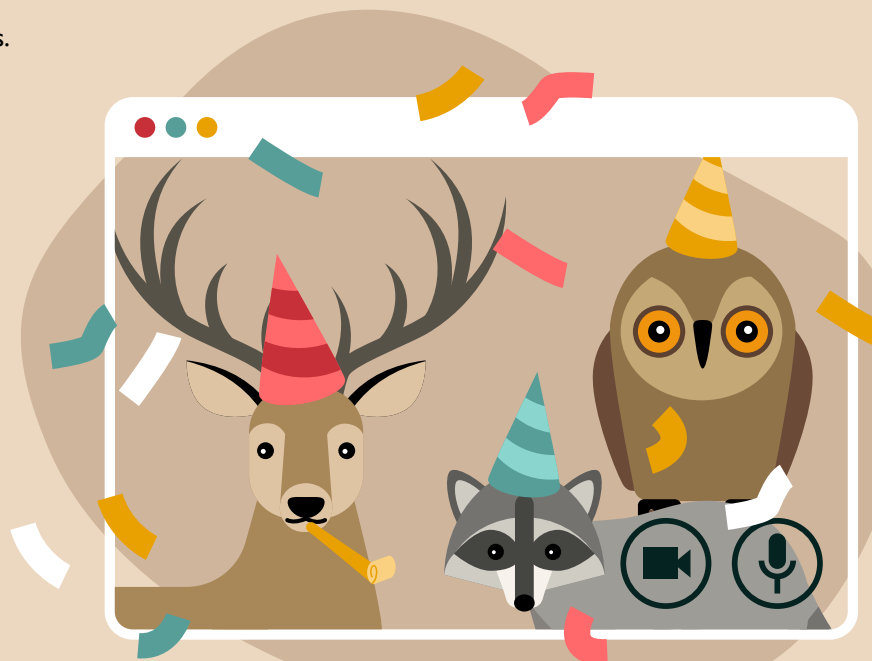
PARTY FEES

Virtual Classic Party: \$50

Virtual Owl Party: \$65

Craft kit add-on: \$3 per kit

Owl pellet dissection kit add-on: \$5 per kit





Saturday, May 15
9 a.m.-5 p.m.

The National Park Trust and the City of Rockville Recreation and Parks Department invite everyone to visit Croydon Creek Nature Center to celebrate. Spend time outdoors. Enjoy the Hayes Forest Preserve.

240-314-8770



Free Art & Sustainability Workshops Series

Instructed by Kenya Miles



Register at
www.visartscenter.org/insideart/

VisArts would like to thank the Environmental Management Division for making these workshops free & open to the public

visarts

SPOTLIGHT ON PARKS AND FACILITIES

Tennis and Pickleball Courts

These are sports that can be played and enjoyed by people of any age and of every ability. The City of Rockville gives you the opportunity to stay fit, make friends and spend quality time with your family. Tennis and Pickleball courts are conveniently located throughout the city with 43 courts in 18 locations.

For more information on any of our parks visit
www.rockvillemd.gov/parksandfacilities.

Check out our tennis and pickleball classes offered throughout the year at
www.rockvillemd.gov/guide.

(L) Lighted, (P) Pickleball Lines
(B) 10 and Under Blended Lines

City Park	Tennis Courts
Broome Park	4 (L), (B)
Calvin Park	2
Civic Center	4 (P)
Dogwood Park	3 (L), (P)
Fallsgrove/TFCC	2
Glenora Park	2
Hillcrest Park	1
Isreal Park	2
King Farm Park	2 (L), (B)
Mark Twain	1
Mattie J.T. Stepanek	3 (L)
Montrose CC & Park	2 (L)
North Farm Park	2 (P)
Potomac Woods	2
Twinbrook CRC	2 (L)
Welsh Park	3 (L), (P)
Woodley Gardens	4 (L)
Wootton's Mill Park	2

City Park	Pickleball Courts
Mattie J.T. Stepanek	4 (L)



TEENS

Arts, Dance and Enrichment

Ballet Teen and Adult

Learn the art of ballet through an elementary but professional approach. Advanced classes are for serious dancers with previous training. See Children's, Teens and Adult sections for more classes. Register for one class and add additional classes of similar level (of equal or lesser value) for \$50 each. Dancers may have the opportunity to participate in small group, in-person instruction on a rotating basis as space and safety permits.

Intermediate III and Beginner Pointe

Age: 10+
18941 Tu 6/15-8/17 4:30-5:50 PM \$175/\$185
Online/Keppetipola

Intermediate III and Beginner Pointe

Age: 12+
18939 Th 6/17-8/19 4:30-5:50 PM \$175/\$185
Online/Chongpinitchai

Advanced

Age: 12+
18936 M 6/14-8/16 5:40-7 PM \$175/\$185
Online/Chongpinitchai

Advanced

Age: 12+
18940 W 6/16-8/18 5:40-7 PM \$175/\$185
Online/Simpson

Gaming from Glenview Mansion - Teens

Do you want to explore dungeons and battle dragons? Have you ever dreamed of wielding magic to save the realm from dark forces? Then this is the game for you! Join us for virtual high-fantasy adventures in the world of Dungeons & Dragons (Fifth Edition). All experience levels welcome!

Age: 13-17

Session 1 - Tomb Raiders

19463 Sa 7/10-7/24 3-6 PM Free

Session 2 - The Black Diamond Heist

19465 Sa 8/7-8/21 3-6 PM Free
Online

Tween Summer Book Club

Tween Summer Book Club, where we encourage young readers to discover great books, share new stories, explore important topics, and have some bookish fun! From book-themed activities to discussion questions to plenty of inspiration for a great group conversation. Staff will lead weekly book club sessions via web conference for all the participants. Books are chosen by staff from MCPS summer reading lists. Participants must supply their own books and journals.

Age: 12-15

19593 M 6/28-8/16 3-4 PM \$20/\$25
Online

Adventures From Glenview Mansion

Adventures from Glenview Mansion SOS! Mayday!! Help!!! If anyone is receiving this message, my name is Professor Havren Claw and I have become unstuck in time and space! My assistants and I have been tumbling from world to world through deadly dungeons and dicey situations, seeking a way home through an evershifting landscape of new realities, each seemingly designed and brought to life by a completely different guest host with every change of scenery! I've managed to beam a signal out through most podcasting platforms. Please like, follow, subscribe, do whatever you can to reach us ... You may be our only hope!

Age: 14+

Episode 5

A dwarf, a halfling, and a gnome walked into a lab ... and got catapulted into an endless vortex of time and space. What's next?

19477 W 6/9 7-8 PM Free
Online

Episode 6

Even the players don't know what will happen- tune in!

19478 W 6/23 7-8 PM Free
Online

Episode 7

Have you subscribed yet? Follow the mayhem!

19479 W 7/7 7-8 PM Free
Online

Episode 8

What madcap world will our adventures find themselves in this week?

19480 W 7/21 7-8 PM Free
Online

Episode 9

Have the heroes found their way home at last? Only one way to find out... tune in!

19481 W 8/4 7-8 PM Free
Online

Episode 10

The season concludes- does the story? Find out!

19482 W 8/18 7-8 PM Free
Online

Before and After School Enrichment

Twinbrook Teen Scene

The Teen Scene program provides a safe, healthy environment that promotes positive youth development. Participants have daily opportunities for study time and can choose from a wide range of recreational activities conducted under the guidance and supervision of staff members. Transportation is available from Julius West and Wood middle schools, Twinbrook and Meadow Hall elementaries. Program does meet on MCPS early release days.

Age: 12-14

19580	M-F	8/30-10/8	2:30-6:30 PM	\$140/\$160
19581	M-F	10/11-11/19	2:30-6:30 PM	\$140/\$160
19582	M-F	11/22-12/23	2:30-6:30 PM	\$140/\$160

Twinbrook CRC

Fitness

Pilates - Teens and Adults

Enjoy a series of mat-based exercises derived from the classic methodology of Joseph Pilates. The class focuses on increasing flexibility and balance, and incorporates stability, strength and awareness of the core.

Age: 16+

19328 Th 6/24-8/12 10:15-11:15 AM \$95/\$114
Rockville Swim and Fitness Center/Kolanowski

Teen Fit

This fast-paced class includes basic strength training, cardiovascular conditioning and stretching exercises. Increase your overall fitness or support your sport-specific training. Taught by a certified personal trainer.

Age: 13-18

19329 M 6/21-8/9 7-8 PM \$86/\$103
Rockville Swim and Fitness Center

Yoga for Teens

All 12-16 year old aspiring yogis experience yoga poses, breathing and relaxation techniques, and meditation. This fun class for teens helps reduce stress and increase body awareness. Bring a yoga mat and wear comfortable clothing.

Age: 12-16

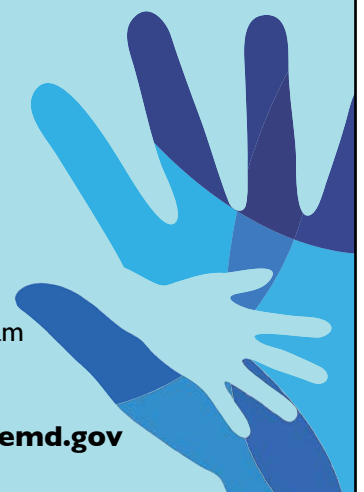
19423 Su 6/20-8/8 10:15-11:15 AM \$96/\$115
Rockville Swim and Fitness Center

Help Rockville Youth Become a Mentor

- Work with elementary school students.
- One-on-one mentoring, one hour before or after school once a week, October-May.
- Training and support provided.
- Meet in a supervised group setting.

No special skills needed, just a willingness to listen, offer guidance, friendship and encouragement. Service learning credits available for high school students over age 16.

Learn more about the Rockville Mentoring Program by calling Cecil Rucker at **240-314-8317** or email **crucker@rockvillemd.gov**



Martial Arts

Karate for Teens/Adults

Our teen and adult program involves a great physical workout and more! We also focus on mental and emotional self-defense and developing respect for others. Classes are structured to promote personal development and goals are set for improvement. Fee includes equipment and uniform for first-time students. Class schedules are flexible and make-ups are available as needed. Sign up for two classes and save \$29.

Age: 13+

18951	M	6/28-7/26	8:25-9:10 PM	\$85/\$95
18952	Tu	6/29-7/27	8:15-9 PM	\$85/\$95
18953	W	6/30-7/28	8:15-9 PM	\$85/\$95
18954	Th	7/1-7/29	8-8:45 PM	\$85/\$95

Kicks Karate/Staff

Sports - Instructional

Tennis Skills and Drills II

Focus on practicing and improving strokes, and rally skills. Learn scoring for singles and doubles, based on skill development. Bring a racket and water bottle.

Age: 12-15

19022	Sa	6/12-7/17	12-1:10 PM	\$85/\$95
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King Farm Park/M.Yargici

Sports Leagues

Kickball League for Teens

Are you an athlete, a baseball or soccer fan? Why not all? Thursday night is lights on at Woodley Gardens Park. Grab your friends, join a team and use your skills in a traditional game of kickball. This is a non-competitive program for teens who enjoy sports and games outdoors. Recreation staff will oversee game play and program safety procedures. Teams are determined by registration numbers and will rotate each week. Once assigned to a team, participants will meet on the field during the scheduled game time and receive instruction of play. Highest score wins the game. Game balls will be disinfected and interchanged in between games. No sharing of supplies, equipment and personal belongings. No spectators allowed on the field during program hours.

Age: 11-16

19483	Th	6/17-7/22	5-7 PM	\$35/\$45
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Woodley Gardens Park



WORK IN RECREATION

SUMMER AND YEAR-ROUND POSITIONS

- Before-and After-school Staff • Trip Leaders
- Class Instructors – Yoga, Pilates, Boot Camp, Pickleball, Fitness, Children's Sports
- Lifeguards and Swim Instructors
- Bus Drivers (CDL required)
- Social Event Hosts

SEASONAL POSITIONS

- Directors and Leaders – Camps
- Sports Officials
- Gym Managers
- Scorers/Timers

For information, visit
www.rockvillemd.gov/careers
 or contact the
 Human Resources Department
240-314-8470

IN-PERSON | VIRTUAL | OUTDOORS

SUMMER CAMPS

2021

Registration
NOW OPEN!

A RETURN TO
FUN!

SAFE CAMPS
THROUGHOUT
THE CITY

Ages 5-16!



Find out more
about safety
camp practices.

S.T.E.A.M.

Music

THEATER

SPORTS

CREaTiViTy



ADULTS

Arts, Dance and Enrichment

Ballet Teen and Adult

Learn the art of ballet through an elementary but professional approach. Advanced classes are for serious dancers with previous training. See Children's, Teens and Adult sections for more classes. Register for one class and add additional classes of similar level (of equal or lesser value) for \$50 each. Dancers may have the opportunity to participate in small group, in-person instruction on a rotating basis as space and safety permits.

Beginner-Intermediate

Age: 13+

18931	M	6/14-8/16	7:20-8:30 PM	\$175/\$185
18934	Th	6/17-8/19	7:50-9 PM	\$175/\$185

Online/Chongpinitchai

Intermediate

Age: 13+

18935	Tu	6/15-8/17	7:50-9 PM	\$175/\$185
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Online/Keppetipola

Advanced

Age: 13+

18938	Tu	6/15-8/17	6:10-7:30 PM	\$175/\$185
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Online/Keppetipola

Advanced

Age: 13+

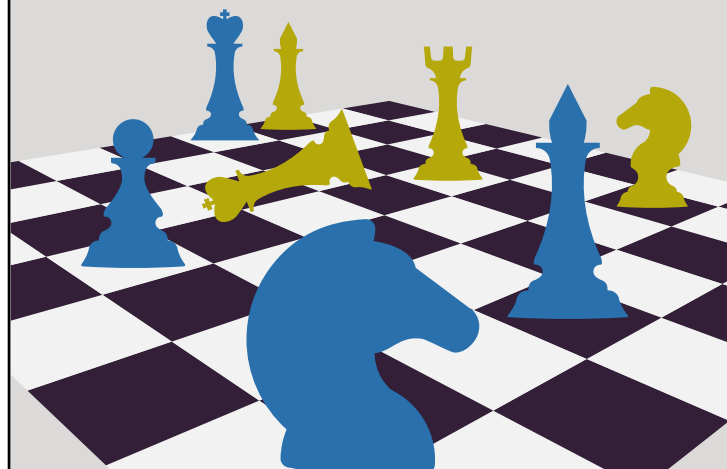
18937	Th	6/17-8/19	6:10-7:30 PM	\$175/\$185
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Online/Chongpinitchai

Chess Tables Now in Town Square!

...and more located at **Mattie J.T. Stepanek Park, Montrose Park, Potomac Woods Park.**

Stop by for a match and BYOCS
(bring your own chess set)!



Gaming From Glenview Mansion - Teen and Adult

Do you want to explore dungeons and battle dragons? Have you ever dreamed of wielding magic to save the realm from dark forces? Then this is the game for you! Join us for virtual high-fantasy adventures in the world of Dungeons & Dragons (Fifth Edition). All experience levels welcome!

Age: 18+

Session 1 - Tomb Raiders

19466 F 7/9-7/23 6:30-9:30 PM Free

Session 2 - The Black Diamond Heist

19467 F 8/6-8/20 6:30-9:30 PM Free
Online

From the Glenview Mansion Library

Join the staff from the Civic Center Park as we discuss the novels that bring our world to life. With titles from and about our theatre namesake, F. Scott Fitzgerald, to classic novels centering around historical homes like Glenview Mansion, we immerse ourselves in what makes our park so special. Grab your book and log in as we bring the Glenview Mansion Library to you.

Brideshead Revisited by Evelyn Waugh

When Charles Ryder visits the Brideshead Castle with classmate Sebastian Flyte, Charles becomes obsessed with everything about Brideshead Castle. It is the manor itself that entrances and seduces, firmly cementing Ryder's obsession with the family. Set against this palatial manor is an epic tale of love, loss, religion and yearning.

Age: All Ages

19457 Tu 6/29 7-8 PM \$1/\$2
Online

This Side of Paradise

"This Side of Paradise," Fitzgerald's debut work, may be his most intimate. Published in 1920, the novel takes on aspects of the autobiographical as it tells of a narcissistic and passionate young man, from earliest youth to adult disillusionment. Amory Blaine, our main protagonist, is convinced that he has an exceptionally promising future. His romantic nature often clashes with reality, however, and we often see him making choices that leave him adrift. Both charming and challenging, this cautionary tale explores love warped by greed and status seeking.

Age: All Ages

19458 Tu 7/27 7-8 PM \$1/\$2
Online

Sense and Sensibility by Jane Austen

The Dashwood sisters, sensible Elinor and passionate Marianne, must navigate their new circumstances when tragedy changes their prospects. Although the sisters are very different, and often clash, they must find the value in each other's strengths to navigate their new lives. "Sense and Sensibility" has been continuously published for 210 years, attesting to the strength of this story and its appeal to all generations.

Age: All Ages

19459 Tu 8/31 7-8 PM \$1/\$2
Online

Mysteries From Glenview Mansion

Rockville Civic Center Park and the historic Glenview Mansion are proud to present the chilling tales and thrilling adventures of ... Mysteries from Glenview Mansion! This program breathes new life into the radio plays of yesteryear, bringing back to the airwaves classic stories of Agatha Christie's Poirot, Sir Arthur Conan Doyle's Sherlock Holmes and many more. You can listen to recordings whenever and wherever you like—each episode will be posted on the listed day and time as a podcast on Spotify, iTunes, or any of your favorite podcatchers. Don't forget to rate, review, and subscribe!

Agatha Christie's Poirot - The Bride Wore Fright

From the thrill-packed pages of Agatha Christie's unforgettable stories of corpses, clues, and crimes comes a tale that promises to push the limits of the 'little gray cells'. The Belgian detective with the magnificent moustache, Hercule Poirot, must usually leave his home to investigate a new crime... but this time his own apartment is the scene of a break-in! And why is the burglar wearing a wedding gown?

Age: All Ages

19454 Tu 7/13 7-8:30 PM Free
Online

Treasure Island

Hoist the Jolly Roger and set sail on the high seas with young Jim Hawkins on the adventure of a lifetime! Originally published as a novel in 1883, Robert Louis Stevenson's tale of mutiny, revenge, and (of course) buried treasure remains one of the most well-known and beloved pirate stories in the world.

Age: All Ages

19455 Tu 8/10 7-8:30 PM Free
Online

The Adventures of Sam Spade - The Flopsy, Mopsy, and Cottontail Caper

Sam Spade, the original hard-boiled private detective, is back on the case in this madcap costumed caper! Sam is known for working alone, but when a flashy new partner appears on his doorstep with the offer of a big case and an even bigger payday, how can he refuse?

Age: All Ages

19456 Tu 9/14 7-8:30 PM Free
Online

Zelda By Zoomlight Movie Club

Zelda Fitzgerald was a leader and innovator in the brave new world of the Roaring 1920s. We honor her by entering the 2020s with innovative technology and legendary films. Zelda by Zoomlight presents films that are relevant to the Fitzgeralds and to us at the Civic Center Park. We'll watch together from the comfort of our own homes, sharing our pasts in a way today's technology has made possible. Attendees will receive a link to a Zoom conference where the film will be shared, and a live chat discussion will be led by one of the Civic Center Park staff.

The Life and Adventures of Nicholas Nickleby

The British TV film which aired in 2001 and is based on the 1839 novel "Nicholas Nickleby" by Charles Dickens. Nicholas Nickleby (James D'Arcy) is left destitute by his father's death. His greatest desire is to support his mother and sister, and he begins his hero's journey against the backdrop of Victorian England. Though at times dreary, this story is ultimately a triumph of spirit and love.

Age: All Ages

19448 Tu 7/13 7:30-10 PM \$3/\$4
Online

Nell Gwyn

This silent film debuted in 1926, the same year as its source material as a novel "Mistress Nell Gwyn." Dorothy Gish plays the legendary actress and mistress of King Charles II in this British romance film. The film, in its own words, tells the "legend of the ragged, tender-hearted orange peddler, who loved and laughed her way through triumph and disaster."

Age: All Ages

19449 Tu 8/10 7:30-10 PM \$3/\$4
Online

The Sun Also Rises

Jake Barnes (Tyrone Power), a journalist from the United States, comes out of World War I injured and disillusioned. Rather than return home, he chooses to leave his past behind and move to Paris, where he meets an aimless group of bohemian expatriates. His new friends include the seductive Brett Ashley (Ava Gardner) and her lover, the reckless alcoholic Mike Campbell (Errol Flynn). Together, they pursue a hedonistic, directionless lifestyle until Brett's affection for Jake complicates matters.

Age: All Ages

19450 Tu 9/7 7:30-10 PM \$3/\$4
Online

Fitness

Ab Sculpt

Strengthen your power house, lower abdominal muscles, lower back, buttocks and pelvic floor in just 30 minutes. Improve posture, help prevent lower-back injuries and flatten your stomach in an intense core workout designed for every fitness level. A mat is recommended.

Age: 16+

19125 M 6/21-8/9 12:45-1:15 PM \$44/\$53

Rockville Swim and Fitness Center

19122 M 6/21-8/9 8:05-8:35 PM \$44/\$53

Rockville Swim and Fitness Center

19123 W 6/23-8/11 6:25-6:55 PM \$44/\$53

Rockville Swim and Fitness Center/Mendoza

19124 F 6/25-8/13 12:45-1:15 PM \$44/\$53

Rockville Swim and Fitness Center

Body Sculpt

Be prepared to sweat! This total-body workout combines high-intensity interval training, strength training and heart-pumping cardio to invigorate and strengthen your body. Easy-to-follow moves with up-tempo music to increase your heart rate, stamina and energy level. Class concludes with abdominal work and stretching. All abilities welcome.

Age: 16+

19154 Tu 6/22-8/10 5:30-6:25 PM \$69/\$83

Online/Johnson

Bootcamp - Beginner/Intermediate

Reduce body fat, increase cardiovascular stamina and tone muscles in a team environment. Class is designed to introduce the new bootcamper to skills and drills of our advanced class. Workouts can be modified to increase or decrease intensity.

Age: 16+

19148 M 6/21-8/9 5:45-6:45 PM \$69/\$83

Rockville Swim and Fitness Center/Silverman

19153 W 6/23-8/11 5:15-6:15 PM \$69/\$83

Rockville Swim and Fitness Center/Silverman

19144 Th 6/24-8/12 9:10-10:10 AM \$69/\$83

Rockville Swim and Fitness Center

Bootcamp - Intermediate/Advanced

This class incorporates drills designed to enhance agility, speed, power, strength and quickness. Workout in a team environment while challenging yourself to reach personal fitness goals.

Age: 16+

19147 M 6/21-8/9 6:30-7:30 AM \$69/\$83

Rockville Swim and Fitness Center

19152 M 6/21-8/9 7-8 PM \$69/\$83

Rockville Swim and Fitness Center/Silverman

19145 W 6/23-8/11 6:30-7:30 AM \$69/\$83

Rockville Swim and Fitness Center

19151 F 6/25-8/13 6:30-7:30 AM \$69/\$83

Rockville Swim and Fitness Center/Gwet

Cardio and Strength Training

Get a great workout as you improve your cardio fitness and improve strength and flexibility. This will give you a full body workout as you burn calories and feel energized. Bring a water bottle, weights and mat. If rain, class will be held under pavilion..

Age: 16+

18751 W 6/16-8/11 7-7:45 AM \$72/\$82

College Gardens Park/Fleishman

19672 F 6/18-7/23 6:30-7:15 AM \$48/\$58

College Gardens Park/Ramsey

Cardio Kickbox

Tired of your normal routine or just interested in trying something new? Get into shape with a class that combines boxing, martial arts and aerobics. This total-body workout helps increase stamina, flexibility, balance and strength. Wear comfortable clothes and shoes.

Age: 16+

19150 Th 3/5 7-8 PM \$69/\$83

Rockville Swim and Fitness Center/DiTullio

Cardio, Sculpt and Tone

Enjoy a mix of cardio and core exercises and strength training. Get a well-rounded workout, increase your flexibility and get into shape. Bring a mat and weights. Face coverings must be worn at indoor locations.

Age: 16+

18858 Sa 6/19-8/14 7-7:45 AM \$64/\$74

College Gardens Park/Fleishman

Circuit Training

Jump start your metabolism with this circuit workout. You will improve both strength and endurance. Six different stations feature exercises to challenge your whole body, each targeting a different area. This is an effective and time-efficient way to develop all around fitness. Weights are used.

Age: 16+

19155 Tu 6/22-8/10 11:15 AM-12 PM \$69/\$83

Rockville Swim and Fitness Center

19143 Th 6/24-8/12 11:15 AM-12 PM \$69/\$83

Rockville Swim and Fitness Center/Kolanowski

Fit and Firm

Build strength as you enjoy a full body workout. Exercises include upper and lower body work and abs. All fitness levels welcome. Bring a water bottle, weights and a mat. If rain, class will be held under pavilion.

Age: 16+

19671 Th 6/17-8/12 5:30-6:15 PM \$72/\$82

Dogwood Park/Fleishman

Pilates - Yoga Fusion

Fusion is a wonderful combination of the core strengthening and muscle-toning of Pilates and the meditative and flexibility benefits of yoga in a flowing workout. You will need a mat and should wear comfortable clothing. Class will be taught via Zoom.

Age: 16+

18792 Tu 6/15-8/17 6-7 PM \$89/\$99

Online/Poole

Pilates

Enjoy a non-impact, mind-body workout that trains core muscles to stabilize the body. Stretching and strengthening exercises target abdominal and pelvic muscles. Improve posture, abdominal strength, balance and flexibility. No previous experience necessary. You will need a mat and should wear comfortable clothes. Class will be taught via Zoom.

Age: 16+

18791 Tu 6/15-8/17 7:30-8:30 PM \$89/\$99

Online/Poole

Pilates - Teens and Adults

Enjoy a series of mat-based exercises derived from the classic methodology of Joseph Pilates. The class focuses on increasing flexibility and balance, and incorporates stability, strength and awareness of the core.

Age: 16+

19328 Th 6/24-8/12 10:15-11:15 AM \$95/\$114

Rockville Swim and Fitness Center/Kolanowski

Shred It

This workout combines strength and interval training exercises that will help you burn more calories and increase your fitness level. Using short higher-intensity training segments in between rest periods will increase your metabolic demand and make your body more energy efficient. Bring a mat, water bottle and weights.

Age: 16+

18857 Tu 6/29-7/27 6-6:45 PM \$40/\$50

Dogwood Park/Lake

Strength Training and Core

Build strength and improve your endurance and flexibility. Class includes core work and a variety of exercises to improve muscle strength and toning. Bring a water bottle, weights and a mat. If rain, class will be held under pavilion.

Age: 16+

18764 Tu 6/15-7/20 6:30-7:15 AM \$48/\$58

College Gardens Park/Ramsey

Sunday Stretch

Stretching your body is one of the most important things to do to reduce stress, promote circulation and help facilitate proper alignment of the body. Stay healthy and injury free by joining this class.

Age: 16+

19092 Su 6/20-8/8 11:20-11:50 AM \$38/\$46

Rockville Swim and Fitness Center/

Ultimate HIIT

Short on time? Want a fun, mood-boosting workout? This energizing class is designed to improve cardiovascular endurance and build strength. H.I.I.T. is a format that consists of short bursts of higher intensity work followed by a brief recovery period. A wide repertoire of exercises and techniques will be taught and modified for all fitness levels. You will need a mat and weights.

Age: 16+

19674 F 6/18-8/13 7:30-8:15 AM \$63/\$73

Online/Shanker

Yoga for Athletes

This class is designed to improve health, performance and mental acuity. It combines push-ups, sit-ups and squats with traditional yoga postures in a flowing format. Focus on reducing stress and pain in the lower back, and increasing flexibility in the hamstrings, glutes and quadriceps to build a stronger core. Bring a mat and wear comfortable clothing.

Age: 16+

19426 M 6/21-8/9 9:15-10:15 AM \$110/\$132

19429 W 6/23-8/11 7-8 PM \$110/\$132

Rockville Swim and Fitness Center/Mendoza

Yoga Flow

This popular class style that elevates your mood and increases fitness. Yoga postures and conscious breathing will be sequenced in fluid sets. Build strength, balance, and flexibility. Creative core sequences and breathwork are structured in bursts.

Age: 16+

19670 Sa 6/26-8/14 9-10 AM \$99/\$109

Thrive Yoga

Yoga Flow and Core

Increase your fitness level and elevate your mood in this relaxing class. Build strength, balance, and flexibility through yoga postures and conscious breathing in fluid sets. Creative core sequences and breathwork are structured in bursts.

Age: 16+

19699 W 6/23-8/11 9-10 AM \$99/\$109

Thrive Yoga

Yoga - Balance, Flexibility, Mood & Strength

Release tension, de-stress and refresh by practicing gentle yoga postures. Calm restless thoughts, cultivate concentration, support mental clarity and confidence using breath techniques and meditation practices. The heart of each class is a sequence of postures that stretch, strengthen and balance your body. Class includes sitting, standing and lying. Check with your doctor before enrolling. You will need a yoga mat, two yoga blocks, a sturdy blanket or bath sheet and a strap.

Age: 16+

18801 M 6/21-7/26 1-2:15 PM \$50/\$60

Online/Neves

Yoga - Gentle with Stretching

Learn simple ways of bringing the benefits of a yoga practice into your daily life for greater well-being. Enjoy a meditative experience with restorative and gentle poses, stretches, movements and breath. No prior yoga experience required. Good for all levels. Positions and stretches are accessible to most individuals. You will need a yoga mat, two yoga blocks, a sturdy blanket or bath sheet and a strap.

Age: 16+

18803 Th 6/24-7/29 7:30-8:45 PM \$60/\$70

Online/Neves

Yoga - Hatha Intermediate

Enjoy a balanced practice with longer posture holding times and a variety of sequences to increase stamina, flexibility and well-being. This physically challenging class is designed for individuals with prior yoga experience (exceptions granted), who are free of serious injuries or physical vulnerabilities. You will need a yoga mat, two yoga blocks, a sturdy blanket or bath sheet and a strap.

Age: 16+

18802 M 6/21-7/26 7:30-8:45 PM \$50/\$60

Online/Neves

Yoga - Core

Strengthen your core and develop healthy back muscles with this fun, fast and energetic Hatha yoga workout. Using a core yoga ball, target your abdominals from every angle, reduce back pain, stabilize the spine, create a stronger midsection and improve overall body alignment. Bring a mat and wear comfortable clothing.

Age: 16+

19430 Tu 6/22-8/10 9:15-10:15 AM \$110/\$132

19427 F 6/25-8/13 9:15-10:15 AM \$110/\$132

Rockville Swim and Fitness Center/Mendoza

Yoga - Gentle

This gentle yoga workout provides modifications to traditional yoga postures without losing any of the physical benefits. Conducted at a comfortable pace, gentle yoga demonstrates the use of props, which enables everyone to enjoy the practice while promoting increased activity for better health. Bring a yoga mat, block and strap.

Age: 16+

19422 Sa 6/19-8/7 9:15-10:15 AM \$89/\$107

Rockville Swim and Fitness Center

19428 W 6/23-8/11 9:15-10:15 AM \$110/\$132

Rockville Swim and Fitness Center/Mendoza

Yoga for Athletes

This class is designed to improve health, performance and mental acuity. It combines push-ups, sit-ups and squats with traditional yoga postures in a flowing format. Focus on reducing stress and pain in the lower back, and increasing flexibility in the hamstrings, glutes and quadriceps to build a stronger core. Bring a mat and wear comfortable clothing.

Age: 16+

19426 M 6/21-8/9 9:15-10:15 AM \$110/\$132

19429 W 6/23-8/11 7-8 PM \$110/\$132

Rockville Swim and Fitness Center/Mendoza

Yoga Power Flow

A fitness based approach to Vinyasa-style yoga (includes several vinyasas done in sequence). The class focuses on linking breath with movement, allowing participants to experience a continuous flow that allows them to build heat, strength and flexibility. Expect a variation in sequence from class to class.

Age: 16+

19424 F 6/25-8/13 7:30-8:30 AM \$110/\$132
Rockville Swim and Fitness Center/Rubens

Zumba Fit

Zumba Fit is a fun and effective cardio dance workout that includes sculpting exercises designed to tone the entire body. While intended as an introduction to the easy Latin and international-inspired program, this high-energy, low-impact class has something to offer all fitness levels.

Age: 16+

19140 W 6/23-8/11 5:30-6:15 PM \$69/\$83
Online/Johnson
19141 Th 6/24-8/12 7:05-8 PM \$69/\$83
Rockville Swim and Fitness Center/Creel

Zumba Toning

Use small weights to tone and strengthen arms, glutes, abs and thighs. Fast and slow rhythms are used to maximize fat burning and build muscle. Sculpt your body naturally while having fun dancing to high-energy popular music. Bring 1- or 2-pound weights.

Age: 16+

19134 Sa 6/20-8/8 11:30 AM-12:25 PM \$69/\$83
Online/Natty Ko/Kevin Ko
19149 W 6/23-8/11 12-12:55 PM \$69/\$83
Rockville Swim and Fitness Center/DiTullio

Martial Arts

Fencing - Beginner

Designed to introduce beginners to the Olympic sport of fencing, this course emphasizes safety and proper technique. Equipment provided. Wear comfortable clothes and bring a fencing glove (or garden/golf glove). Flexible swords are used.

Age: 14+

18804 Tu 7/13-8/31 7-8:20 PM \$128/\$140
18809 Sa 7/17-9/11 2-3:20 PM \$128/\$140
Rockville Fencing Academy/Staff

Karate for Teens/Adults

Our teen and adult program involves a great physical workout and more! We also focus on mental and emotional self-defense and developing respect for others. Classes are structured to promote personal development and goals are set for improvement. Fee includes equipment and uniform for first-time students. Class schedules are flexible and make-ups are available as needed. Sign up for two classes and save \$29.

Age: 13+

18951 M 6/28-7/26 8:25-9:10 PM \$85/\$95
18952 Tu 6/29-7/27 8:15-9 PM \$85/\$95
18953 W 6/30-7/28 8:15-9 PM \$85/\$95
18954 Th 7/1-7/29 8-8:45 PM \$85/\$95
Kicks Karate/Staff

Sports - Instructional

Pickleball - Outdoor

A paddle sport that is a cross between tennis, badminton and ping pong where you hit a whiffle ball over a badminton-sized court. Participants will learn tips for smart pickleball play, instruction for all strokes and serve, drill work, scoring, doubles strategies and play.

Beginner Level 1 and 2

All classes below are for beginner 1 and 2 levels. You will be paired with players of similar ability. Level 1 is for those who are new to pickleball. Level 2 is for those who know the basic rules and how to score a game fully and without issue. You can get 50% of your serves in. You can get 50% of your returns in. You can hold a simple rally of 4-5 shots.

Age: 16+

18811 W 6/23-6/30 7:45-9 AM \$59/\$69
18812 M 7/19-7/26 7:30-8:45 PM \$59/\$69
18813 M 8/9-8/16 5:30-6:45 PM \$59/\$69

Mattie Stepanek Park/Daly

Pickleball Strategies and Drills - Beginner Level 2

Experience one of the fastest growing sports in America. This fun, social activity uses a paddle and whiffle ball on a small court which allows players to learn quickly and enjoy a good workout. You know the basic rules and how to score a game fully and without issue. You can get 50% of your serves in. You can get 50% of your returns in. You can hold a simple rally of 4-5 shots. Bring your own paddle.

Age: 16+

19675 W 7/21-7/28 7-9 PM \$59/\$69
Mattie Stepanek Park/Cao

Tennis - Match Play

Take your game to the next level as you improve your skills and learn effective strategies for game play situations. Players of similar abilities (3.0-3.5 level) are eligible for the class who are consistent hitting balls with medium pace, have control on directional shots and have good court coverage. Bring a racket and water bottle.

Age: 16+

19667 Tu 6/15-7/20 5-5:50 pm \$75/\$85
Dogwood Park/M. Yargici

Tennis for Adults/Teens

Learn and enjoy the sport of tennis through instruction, drills and game play situations. Ground strokes, serve, volley, overhead and strategies will be covered based on skill levels. Register for the appropriate level but it may be changed at the discretion of instructor. Bring a tennis racket.

Age: 16+

Beg./Novice 2.0-3.0 NTRP Level

18779 Tu 6/15-7/20 6-6:50 PM \$75/\$85
King Farm Park/M. Yargici
18780 M 6/21-8/2 6-6:50 PM \$75/\$85
Twinbrook CRC/Asaka
18778 W 6/23-7/28 6-6:50 PM \$75/\$85
Mattie Stepanek Park/Asaka

Intermediate 3.0-3.5 NTRP Level

18794 Tu 6/15-7/20 7-8:15 PM \$89/\$99
King Farm Park/M. Yargici
18795 M 6/21-8/2 7-8:15 PM \$89/\$99
Twinbrook CRC/Asaka
18796 W 6/23-7/28 7-8:15 PM \$89/\$99
Mattie Stepanek Park/Asaka

FALL ADULT TEAM LEAGUES

**Co-Rec Volleyball • Women's Volleyball • Pickleball •
Co-Rec Soccer 7's • Co-Rec Softball Men's Softball**

LEAGUE PLAY BEGINS:

Week of Aug. 23: Men's Softball

Sept. 7: Pickleball Traditional League

Sept. 9: Pickleball Ladder League

Sept. 9: Soccer 7s

Sept. 9: Women's Volleyball

Sept. 10: Co-Rec Softball

Sept. 13: Co-Rec Volleyball



**Visit rockvillemd.gov/recreation/sports
or call 240-314-8620**

Sports Leagues

Adult Pickleball Ladder League

In this new coed pickleball league you will have the opportunity to test your skills against players with the same skill levels. Each week, players will be placed in groups of four in order of your ranking on the ladder for match play. The USAPA numeric rating system will be used to rank your skill level (<https://www.usapa.org/player-skill-rating-definitions>). All players will play three doubles games in a round robin fashion with the other three players of the foursome. Games are played 6-9 p.m. at Mattie J.T. Stepanek Park. Players must be 18 years or older.

Age: 18+

Ladder

I9023 Tu 7/6-8/10 6-9 PM \$35/\$45
Mattie Stepanek Park

Adult Pickleball Traditional League

Doubles Team Pickle Ball League. Can be Men's, Women's or Coed teams. All teams play together. Three Divisions (self-rated): Beginning, Intermediate or Advanced. Each game will be best two out of three and last approximately one hour. Games are played between 6 p.m.-9 p.m. at Mattie J.T. Stepanek Park.

Age: 18+

Beginner

I9024 Th 7/8-8/12 6-9 PM \$35/\$45

Intermediate

I9025 Th 7/8-8/12 6-9 PM \$35/\$45



ROCKVILLE BICYCLE ADVISORY COMMITTEE

www.rockvillemd.gov/rbac
rockvillebikerides@gmail.com
www.facebook.com/bikerockville
www.meetup.com/bikerockville

**RBAC encourages
you to ride your bike
for transportation,
recreation and to
staying healthy.**

**Check out our tips
for Biking Safely
During the COVID-19
Pandemic.**

**RBAC meets virtually the first Wednesday
of each month 7-9 p.m. All are welcome.**

**Montgomery County requires anyone under age 18 to wear a bicycle helmet when riding or being carried on a bicycle, including a bicycle with training wheels, on a public street, right-of-way, sidewalk or bicycle path in the county.*

Rockville Events Sponsorship Opportunities

REACH NEW AUDIENCES

Sponsor benefits include on-site booth and signage, logo on materials, mentions on social media and more, depending on level of support.

Contact:

240-314-8658 • elisdeal@rockvillemd.gov



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The Alert Rockville notification system relays up-to-the-minute messages to subscribers about public safety, severe weather and traffic.

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1. Create a username and password.
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5. Enter up to five locations.

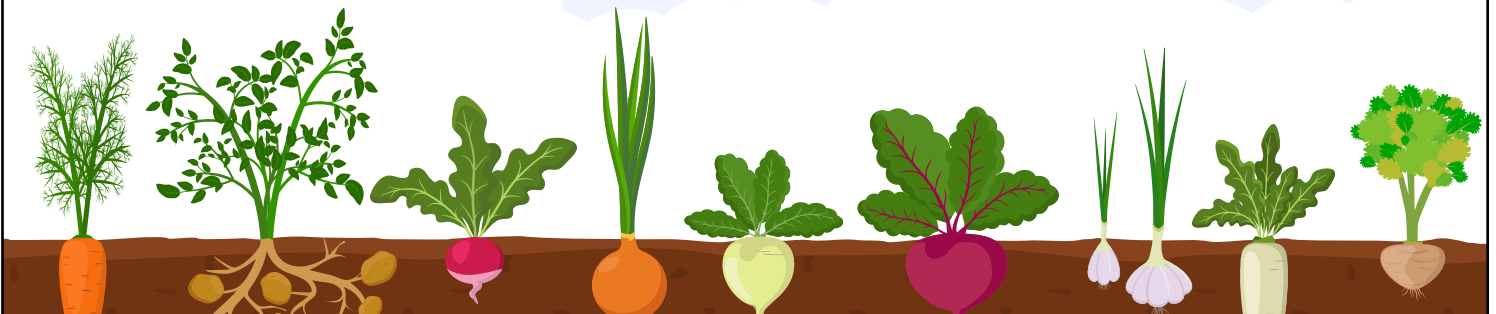
**For more information and to sign up,
visit www.rockvillemd.gov/alerts**

2021 WOOTTONS MILL GARDEN PLOT PROGRAM

Registration Now Open!

Plots are ready for use April 1, program ends Nov. 15.

Join over 100 active gardeners. Make friends and be active while reaping the benefits of growing your own fresh vegetables. The City of Rockville provides access to water. Garden plots are approximately 25 by 25 feet. Gardeners provide their own fencing, weed barrier, hoses, tools and other gardening supplies. Garden plots are available for both residents and nonresidents. Season fees \$70/\$80. Email woottonsmill@rockvillemd.gov for more info.



Visit www.rockvillemd.gov/gardenplots to download an information packet with a registration form.



LINCOLN PARK COMMUNITY CENTER

www.rockvillemd.gov/lincolnpark

240-314-8780 • lpcc@rockvillemd.gov • 357 Frederick Avenue, Rockville, MD 20850

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events and
meetings**

**Game room with
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vending machines,
video games and TV**

**Newly expanded
parking lot**

UPCOMING EVENTS AND PROGRAMS

Lincoln Park Community Center and Isreal Park were established in 1970 and are the heart of the Lincoln Park community. At almost 50 years old, the facility has a rich history, where a deep sense of pride and love for the community is shown and expressed daily. Many programs and special events at the Lincoln Park Community Center and Isreal Park are designed to include everyone.

The 12,500-square-foot facility has a fitness room, computer lab, game room, gymnasium, kitchen, multipurpose room, library and kitchen. Isreal Park has a gazebo, park, basketball and tennis courts, and baseball field.

HOURS

Lincoln Park Community Center is open for limited hours and services. Check our website www.rockvillemd.gov/lincolnpark for the most updated information on activities, hours of operation, and reservation and rental availability.

Clubhouse Afterschool Program

M-F, Aug. 30-Dec. 23 3-6:30 p.m., Grades K-5

Children spend time learning, creating and exploring during this drop-in, after school program. Homework time, snacks, crafts and games are scheduled daily. \$135/\$155. See page 15.

Playing it Safe Camp

M-F, Aug. 16-20, 9:00 a.m.-1:30 p.m.

M-F, Aug. 23-27, 9:00 a.m.-1:30 p.m.

This program is a great way for your child to enjoy time outside safely while playing physical distance games and participating in recreational activities led by experienced staff. Lunch is provided. Ages 5-11. Course #18656, course #19030, \$140/\$160 per week.

Make it Happen Basketball

Wednesday, June 30 – Aug. 4, 4:30 p.m.-5:30 p.m.

This basketball program features techniques and drills that will turn you into a complete player. Learn the fundamentals and increase your speed and footwork with special speed and agility training. Program is taught by an instructor who played overseas with and against some of the NBA's finest players. Ages 8-11. \$80/\$90. See page 17

Tiny Hoopers

Monday, June 28- Aug. 9, 4:30 p.m.-5:15 p.m.

Time to get those tiny feet moving on the basketball court. Learn the basics of basketball, like dribbling, catching and passing. Toddler-sized basketballs are disinfected and assigned to each participant. Ages 4-6. \$70/\$80. See page 13.



**Full-size
gymnasium**

**Rental space
for parties and
meetings**

**Before and after
school programs**

**Monthly fitness
passes available
memberships**

**Special family
fun events**

TWINBROOK COMMUNITY RECREATION CENTER

www.rockvillemd.gov/tcrc

240-314-8830 • kisreal@rockvillemd.gov • 12920 Twinbrook Parkway, Rockville, MD 20851

UPCOMING EVENTS AND PROGRAMS

Every day, the center welcomes a diverse group of children and families to our after-school program, classes and drop-in sports.

Enjoy the open gym with your friends or attend one of our family-friendly programs. The Twinbrook Community Recreation Center has options for everyone in a safe and friendly community setting.

HOURS

Twinbrook Community Recreation Center is open for limited hours and services.

Check our website www.rockvillemd.gov/tcrc for the most updated information on activities, hours of operation, and reservation and rental availability.

Twinbrook Community Recreation Center is conveniently located between Veirs Mill Road and Rockville Pike, near the Twinbrook Metro Station.

Page 38 | Main Rec. Line: 240-314-8620

Afterschool Adventure

M-F, Aug. 30-Dec. 23, 3-6:30 p.m.

Program provides a fun and safe environment. Organized games, crafts, and other enrichment activities offered. Transportation provided from Meadow Hall and Twinbrook elementary schools. Program does not operate on no school days. Grades K-5 \$180/\$200.

Last Hurrah Camp

M-F, Aug. 16-Aug. 20, 8:30 a.m.-5:30 p.m.

M-W, Aug. 23-Aug. 25, 8:30 a.m.-5:30 p.m.

Looking for something fun to do at the end of the summer? This action-packed camp experience is especially designed for nothing but fun and games. Join friends or make new ones as we play tried-and-true favorites and discover new games too. Outdoor sports and crafts round out the camp day. \$255/\$265. Ages 5-12,

Summer Book Club

Wednesdays June 30-Aug. 11, 3-4:30 p.m.

Summer Book Club TCRC Book Club for Kids, where we encourage young readers to discover great books, share new stories, explore important topics, and have some bookish fun! From book-themed activities to discussion questions to plenty of inspiration for a great group conversation. Staff will lead weekly book club sessions via web conference for all the participants. Books will be chosen from MCPS summer reading lists. \$20/\$25.

Twinbrook Teen Scene

M-F, Aug. 30-Dec. 23, 2:30-6:30 p.m.

A safe, healthy environment promoting positive youth development. Study time, and a wide range of activities offered. Transportation from Julius West and Wood middle schools; Twinbrook and Meadow Hall elementary schools. \$140R/\$160NR, Grades 5-8. See page 23.



THOMAS FARM COMMUNITY CENTER

www.rockvillemd.gov/thomasfarm

240-314-8840 • thomasfarm@rockvillemd.gov • 700 Falls Grove Drive, Rockville, MD 20850

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entire family**

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annual passes and
memberships**

Thomas Farm offers classes for all ages, rental space, drop-in sports, fitness center for exercise, special events, an afterschool program for elementary-aged students, lounge, art gallery, game room and ping-pong tables.

HOURS

Thomas Farm Community Center is open for limited hours and services. Check our website www.rockvillemd.gov/thomasfarm for the most updated information on activities, hours of operation, and reservation and rental availability.

UPCOMING EVENTS AND PROGRAMS

Beyond the Bell Afterschool Club

M-F, Aug. 30-Dec. 23, 3:30-6:30 p.m.

Enjoy time beyond the bell at Thomas Farm's after school club! Engage in enrichment activities, organized games and crafts. Homework help and a healthy snack are provided daily. Six-week sessions with transportation included from Ritchie Park Elementary. The program operates when school is in session and on early release days. The program does not operate on no-school days. Grades K-5. \$180/\$200. See page 15.

Art4Fun Summer Camp

July 19-23, 9:00 a.m.-1:00 p.m.

Get creative and have fun exploring different arts and crafts techniques in this camp! Campers will experiment with painting, drawing and mixed media projects with the staff at Thomas Farm. Each camper will take home several projects and a kit of art supplies at the end of the program. Ages 8-12. \$185/\$215.

Camp Discovery

This camp mixes the fun of a specialty camp with traditional camp activities. Spend part of each day diving into the week's topic with hands-on and immersive experiences while also reserving time for games, sports and active play. The majority of this camp will take place outdoors at the Falls Grove Park gazebo with Thomas Farm Community Center as a back-up in case of inclement weather. Ages 7-12. \$165/\$195 per week.

June 21-25

June 28-July 2

July 12-16

All About Animals

World Traveler

Experimenting with Science

9 a.m.-3 p.m.

9 a.m.-3 p.m.

9 a.m.-3 p.m.

The Senior Center including the fitness room is closed and will reopen when the State of Emergency is lifted.

ROCKVILLE SENIOR CENTER

www.rockvillemd.gov/seniorcenter

240-314-8800 • seniorcenter@rockvillemd.gov • 1150 Carnation Drive, Rockville, MD 20850

The Rockville Senior Center provides a central location for the many programs, services and activities offered to adults, ages 60 and older.

Hours

(for calls and emails)
Monday - Friday
8:30 a.m.-5 p.m.

Directions

Call 240-314-5019

Bus Transportation

Call 240-314-8810

Center Membership Fees

\$40/year – Rockville resident
\$135/year – Nonresident; \$65 spouse

Program Fees

Fee = member/nonmember

Registration Dates

All class registrations begin Thursday, May 6. Members receive a discount on senior program fees and rentals, are eligible to join the Fitness Center, are mailed the monthly newsletter of events and are eligible for a discount on classes in the adult section of the Recreation Guide.

Transportation

Rockville Call 'N Ride Service: Taxi coupons may be purchased at a reduced rate, based on income and family size. Documentation required. Call 240-314-8810.

Buses: Door-to-door bus service is available to the Senior Center, shopping, club meetings and special trips. Reservations required. Call 240-314-8810.

Aging Information, Services, and Support

Seniors and families may obtain information, services and support related to aging issues by calling 240-314-8810. For outreach and assistance in English, call 240-314-8816; Spanish, 240-314-8817.

Senior Assistance Fund

Financial assistance for senior classes, day trips and Senior Center membership is available. (Must meet age and income guidelines.) To donate to this program send a check payable to the City of Rockville Senior Assistance Fund. Mail to the Rockville Senior Center, 1150 Carnation Drive, Rockville, MD 20850.

Need Food During This time?

Call 240-314-8800 or email us at seniorcenter@rockvillemd.gov.

DID YOU KNOW WE HAVE A PEN PAL PROGRAM?

Call 240-314-8800 or email seniorcenter@rockvillemd.gov for more information

SENIOR CENTER MEMBER ADULT CLASS BENEFIT

Discounts only apply for fitness classes in the Adult section of the Life in Rockville Recreation Guide. One \$10 discount may be used per Senior Center member, per activity for programs over \$50. Does not apply to workshops. This discount is not valid for aquatics classes. Refer to the aquatics section for pricing. For more information call 240-314-8800.



View the guide online at
www.rockvillemd.gov/recreation

Look for additional information in our

Adults 60+ Recreation and Services Guide

Mail-In Registration: We are taking mail-in's now and will process them in the order it is received starting on May 6. If mailing registrations, please complete the registration form and enclose a check and mail to: Rockville Senior Center 1150 Carnation Dr, Rockville, MD 20850. If mailing a registration, you will receive a receipt in the mail, or in your email. You will be contacted if you did not get into the class you wanted.

Online Registration: www.rockvillemd.gov/registration Visa and MasterCard accepted. Please call our main number, 240-314-8800 or email us at seniorcenter@rockvillemd.gov if you have any questions regarding updating your membership, or registration in any of our offerings.

ROCKVILLE SENIOR FITNESS CENTER

Currently closed. See below for alternative fitness center options.

Current Senior Center Fitness members are able to use fitness rooms at Lincoln Park CC, Thomas Farm CC, Twinbrook CRC and Rockville Swim and Fitness Center.

If you are interested in using any of the fitness rooms, contact the Senior Center at seniorcenter@rockvillemd.gov.

BENEFITS OF THE SENIOR CENTER MEMBERSHIP INCLUDE:

Discounts on Senior Programs • Discounts on Rentals
 DVD Rentals • Special Members Only Events •
 Virtual Programs • Discounts on Adult Fitness Classes
 Eligible for Senior Garden Plots

SENIOR TRANSPORTATION

Weekly Shopping for Seniors: Senior services is now providing limited transportation to Giant grocery store. Please call to receive the schedule.

Shopping for Seniors: Rockville Senior Services is providing emergency personal shopping to seniors during the COVID-19 emergency. Those eligible for the program are City of Rockville residents age 60 or older who must be able to pay for groceries. You provide payment and a list; staff will shop for you and deliver groceries! Demand for the program is high, so please be patient as trips are scheduled. To make an appointment and to receive more details, call 240-314-8800.

BUILDING CLOSED
May 31, June 18, July 5, Sept. 6



Rockville Emergency Assistance Program (REAP)

For residents 60-plus, emergency assistance is available for eligible City of Rockville senior residents experiencing a financial crisis, such as eviction or utility shut-off, or who need prescription medication. Referrals for emergency food, clothing, financial counseling, housing assistance and foreclosure counseling are also provided. Contact Martha McClelland at 240-314-8816, or Andrea Rogers, 240-314-8817.



FREE
for Maryland Residents 65+

Senior Call Check
A daily call to check on residents home alone.

CALL 1-866-50-CHECK
or Register Online
aging.maryland.gov





Rockville Villages

What are villages?

Villages are grassroots, volunteer, neighbor-support networks created to help enrich the lives of residents of all ages.

What do village networks do?

Members of villages offer services such as: transportation to medical appointments, light yardwork and home maintenance, tutoring, friendly visits, book clubs, potluck parties and other social outings. Almost all villages offer the opportunity for connectedness.

For more information:

Contact Trish Evans, village facilitator, City of Rockville 240-314-8807 or pevans@rockvillemd.gov.
www.rockvillemd.gov/rockvillages
www.montgomerycountymd.gov/HHS-Program/ADS/Villages/villageslist.html.



Senior Happenings

Brown Bag Lunch

Come spend time outdoors with friends for lunch and an activity every Monday. Bring your own bagged lunch and beverage. A port-a-Potty is available outside. Activity will be decided prior to the lunch. CDC guidelines will be enforced and is weather permitted. Registration is required.

18686	M	5/3-5/24	11:30 a.m.-12:30 p.m.	Free
18687	M	6/7-6/28	11:30 a.m.-12:30 p.m.	Free

Parking Lot Bingo: Outdoors

Join us for Parking Lot Bingo! Players receive a goody bag, bingo cards for play, and the chance to win exciting prizes! Each registered participant receives a raffle ticket for the door prize. Designated parking spots marked for the event. Feel free to play from your car or bring chairs to enjoy the sunshine! Pre registration required by May 26.

Rain date 6/9. Sponsored by Brightview West End.

18968	W	6/2	4-6 p.m.	\$6/\$9
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Father's Day Cookout: Outdoors

Come by the senior center to celebrate Father's Day as we cook burgers and hot dogs on the grill! Lunch will be outside and includes toppings, beverages, a side, and dessert. CDC guidelines will be followed. Register by 6/14. Rain date 6/25.

Sponsored by Collingswood.

18689	F	6/11	12:30-2:30 p.m.	\$3/\$5
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Fitness Workshop: Abs Core and More

This two-part series will focus on your entire core. Covers core stability, strength and flexibility, and the importance of a strong core. This class will include discussion, an interactive demonstration and a workout. Discusses ways to adjust exercises that will allow most people to perform them safely. Work will be done seated, standing and on the mat. There will be time at the end to ask questions. Instructor: Finn

18818	Th	7/15 & 8/5	3:30-4:45 p.m.	\$30
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45th Annual



Rockville 10K/5K

Sunday, Nov. 1

Road Closed: 8 a.m. • Race Begins: 8:30 a.m.
Start/Finish: King Farm Village Center, Rockville



Race Fees

10K/5K Early bird rate: \$30 through
Friday, June 26.

\$35 online/mail-in through Thursday, Oct. 30

\$45 packet pick up, Nov. 2 and walk-up on
race day Sunday, Nov. 1.

Kids 1-Mile Fun Run: \$12

Late Registration and Packet Pick-up Location:

RNJ SPORTS

11910-R Parklawn Drive, Rockville, MD 20852

Saturday, Oct. 31

11 a.m.-5 p.m.

Race Day Morning, Nov. 1

7:30-8:15 a.m.

(at King Farm Village Center)

Register online at www.rockville10k5k.com until Oct. 31

Glenview Mansion

AT ROCKVILLE CIVIC CENTER PARK



** Love, Laughter and Happily Ever After **

240-314-8660 • www.rockvillemd.gov/glenview



♥♥ All are welcome.





F. Scott Fitzgerald Theatre

Rockville Civic Center Park
603 Edmonston Drive, Rockville, MD 20851

Box office: 240-314-8690
www.rockvillemd.gov/theatre

Great Performances in the Neighborhood

Summer is in the air and with it, hope.

The F. Scott Fitzgerald Theatre may not have reopened yet, but we do have hope: hope that we will soon have the joy of hosting new events, hope that we will soon be surrounded by the electricity of live performances, and most importantly, hope that we will see you again soon, our loyal community.

Please join us for our wide selection of virtual programs, redesigned to be more dynamic in this digital world. Follow us on Facebook. Subscribe to our podcasts. We are here for you and hope to see you soon.

Ticketing Made Easy! You can purchase all of your tickets online by visiting us at www.rockvillemd.gov/theatre • Box office is open Tues.-Sat., 2-6 p.m. and two hours prior to ticketed shows.



GLENVIEW MANSION

AT CIVIC CENTER PARK

SUMMER VIRTUAL PROGRAMS

From the Glenview Mansion Library

Join the staff from the Civic Center Park as we discuss the novels that bring our world to life. With titles from and about our theatre namesake, F. Scott Fitzgerald, to classic novels centering around historical homes like Glenview Mansion, we immerse ourselves in what makes our park so special. Grab your book and log in as we bring the Glenview Mansion Library to you.

Brideshead Revisited by Evelyn Waugh

When Charles Ryder visits the Brideshead Castle with classmate Sebastian Flyte, Charles becomes obsessed with everything about Brideshead Castle. It is the manor itself that entrances and seduces, firmly cementing Ryder's obsession with the family. Set against this palatial manor is an epic tale of love, loss, religion and yearning.

Age: All Ages

19457 Tu 6/29 7-8 PM \$1/\$2
Online

This Side of Paradise

"This Side of Paradise," Fitzgerald's debut work, may be his most intimate. Published in 1920, the novel takes on aspects of the autobiographical as it tells of a narcissistic and passionate young man, from earliest youth to adult disillusionment. Amory Blaine, our main protagonist, is convinced that he has an exceptionally promising future. His romantic nature often clashes with reality, however, and we often see him making choices that leave him adrift. Both charming and challenging, this cautionary tale explores love warped by greed and status seeking.

Age: All Ages

19458 Tu 7/27 7-8 PM \$1/\$2
Online

Sense and Sensibility by Jane Austen

The Dashwood sisters, sensible Elinor and passionate Marianne, must navigate their new circumstances when tragedy changes their prospects. Although the sisters are very different, and often clash, they must find the value in each other's strengths to navigate their new lives. "Sense and Sensibility" has been continuously published for 210 years, attesting to the strength of this story and its appeal to all generations.

Age: All Ages

19459 Tu 8/31 7-8 PM \$1/\$2
Online

"Never miss a party...
good for the nerves."

-F. Scott Fitzgerald

Mysteries From Glenview Mansion

Rockville Civic Center Park and the historic Glenview Mansion are proud to present the chilling tales and thrilling adventures of ... Mysteries from Glenview Mansion! This program breathes new life into the radio plays of yesteryear, bringing back to the airwaves classic stories of Agatha Christie's Poirot, Sir Arthur Conan Doyle's Sherlock Holmes and many more. You can listen to recordings whenever and wherever you like—each episode will be posted on the listed day and time as a podcast on Spotify, iTunes, or any of your favorite podcatchers. Don't forget to rate, review, and subscribe!

Agatha Christie's Poirot - The Bride Wore Fright

From the thrill-packed pages of Agatha Christie's unforgettable stories of corpses, clues, and crimes comes a tale that promises to push the limits of the 'little gray cells'. The Belgian detective with the magnificent moustache, Hercule Poirot, must usually leave his home to investigate a new crime... but this time his own apartment is the scene of a break-in! And why is the burglar wearing a wedding gown?

Age: All Ages

19454 Tu 7/13 7-8:30 PM Free
Online

Treasure Island

Hoist the Jolly Roger and set sail on the high seas with young Jim Hawkins on the adventure of a lifetime! Originally published as a novel in 1883, Robert Louis Stevenson's tale of mutiny, revenge, and (of course) buried treasure remains one of the most well-known and beloved pirate stories in the world.

Age: All Ages

19455 Tu 8/10 7-8:30 PM Free
Online

The Adventures of Sam Spade - The Flopsy, Mopsy, and Cottontail Caper

Sam Spade, the original hard-boiled private detective, is back on the case in this madcap costumed caper! Sam is known for working alone, but when a flashy new partner appears on his doorstep with the offer of a big case and an even bigger payday, how can he refuse?

Age: All Ages

19456 Tu 9/14 7-8:30 PM Free
Online

Zelda By Zoomlight Movie Club

Zelda Fitzgerald was a leader and innovator in the brave new world of the Roaring 1920s. We honor her by entering the 2020s with innovative technology and legendary films. Zelda by Zoomlight presents films that are relevant to the Fitzgeralds and to us at the Civic Center Park. We'll watch together from the comfort of our own homes, sharing our pasts in a way today's technology has made possible. Attendees will receive a link to a Zoom conference where the film will be shared, and a live chat discussion will be led by one of the Civic Center Park staff.

The Life and Adventures of Nicholas Nickleby

The British TV film which aired in 2001 and is based on the 1839 novel "Nicholas Nickleby" by Charles Dickens. Nicholas Nickleby (James D'Arcy) is left destitute by his father's death. His greatest desire is to support his mother and sister, and he begins his hero's journey against the backdrop of Victorian England. Though at times dreary, this story is ultimately a triumph of spirit and love.

Age: All Ages

19448 Tu 7/13 7:30-10 PM \$3/\$4
Online

Nell Gwyn

This silent film debuted in 1926, the same year as its source material as a novel "Mistress Nell Gwyn." Dorothy Gish plays the legendary actress and mistress of King Charles II in this British romance film. The film, in its own words, tells the "legend of the ragged, tender-hearted orange peddler, who loved and laughed her way through triumph and disaster."

Age: All Ages

19449 Tu 8/10 7:30-10 PM \$3/\$4
Online

The Sun Also Rises

Jake Barnes (Tyrone Power), a journalist from the United States, comes out of World War I injured and disillusioned. Rather than return home, he chooses to leave his past behind and move to Paris, where he meets an aimless group of bohemian expatriates. His new friends include the seductive Brett Ashley (Ava Gardner) and her lover, the reckless alcoholic Mike Campbell (Errol Flynn). Together, they pursue a hedonistic, directionless lifestyle until Brett's affection for Jake complicates matters.

Age: All Ages

19450 Tu 9/7 7:30-10 PM \$3/\$4
Online

TRIVIA NIGHT

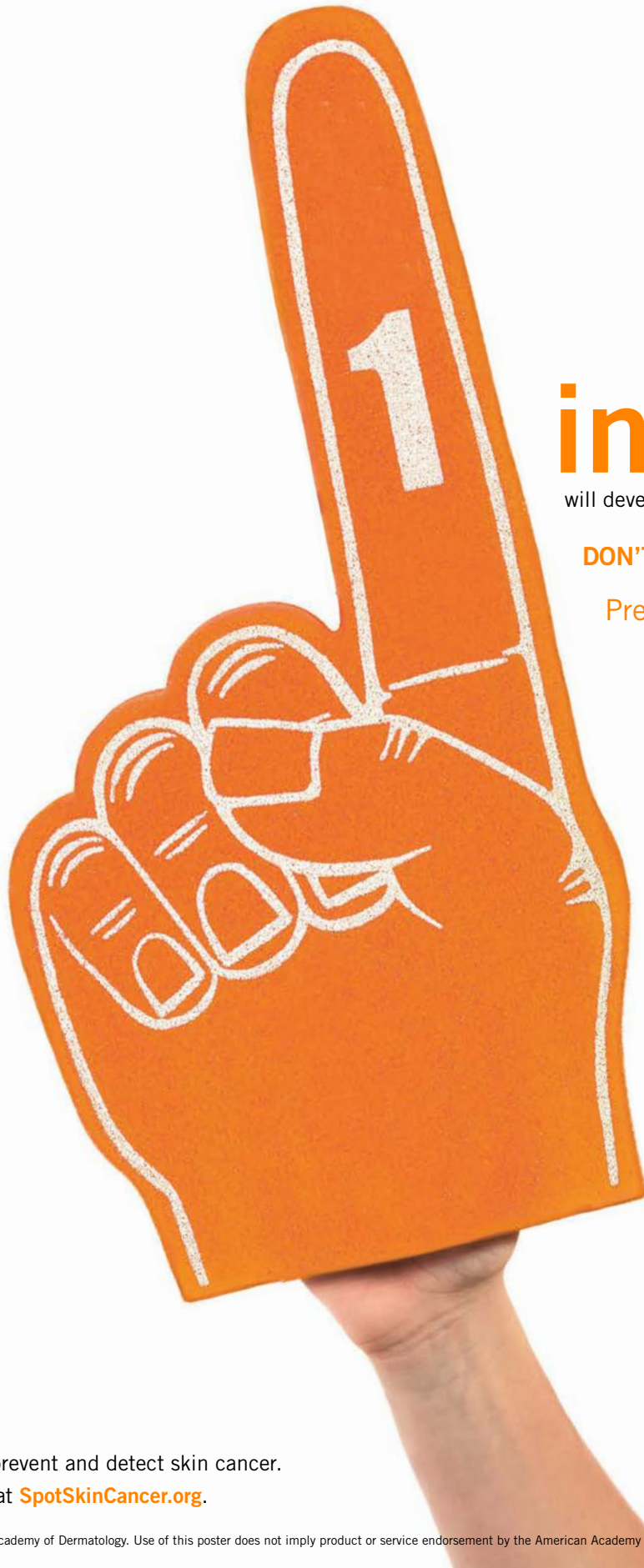
Match wits with Dan, Kerri, and Sandra of the Civic Center about the Civic Center! Zoom in and get to know us and the City better. Rockville's own True Respite Brewing Company are curating 4-packs available for purchase by attendees 21+! Top team wins bragging rights and trophy.

Friday, Aug. 6, 7-8 p.m.

Course #19453

FREQUENTLY USED FACILITIES AND PARKS

1. Beall ES, 451 Beall Ave. 20850
2. Broome Gym and Park, 751 Twinbrook Pkwy. 20851
3. Calvin Park, 1248 Gladstone Dr. 20851
4. City Hall, 111 Maryland Ave. 20850
5. Civic Ctr. Park, 603 Edmonston Dr. 20851
 - F. Scott Fitzgerald Theatre • Social Hall
 - Glenview Mansion
 - Croydon Creek Nature Center
 - Cottage • Rec. Serv. Bldg.
6. College Gardens ES, 1700 Yale Pl. 20850
7. College Gardens Park, 615 College Pkwy. 20850
8. Croydon Creek Nature Ctr., 852 Avery Rd. 20851
9. David Scull Park, 1131 First St. 20850
10. Dogwood Park, 800 Monroe St. 20850
11. Elwood Smith Com. Ctr., 601 Harrington Rd. 20852
12. Fallsmead ES, 1800 Greenplace Ter. 20854
13. Hillcrest Park, 1150 Crawford Dr. 20850
14. Julius West MS, 651 Great Falls Rd. 20850
15. Kicks Karate Rockville, 800 Pleasant Dr., Suite #140, 20850
16. King Farm Park, 401 Watkins Pond Blvd. 20850
17. Lakewood ES, 2534 Lindley Ter. 20850
18. Lincoln Park Com. Ctr./Isreal Park, 357 Frederick Ave. 20850
19. Mark Twain Park, 14501 Avery Rd. 20853
20. Maryvale ES/Park, 1000 First St. 20850
21. Mattie J.T. Stepanek Park, 1800 Piccard Dr. 20850
22. Meadow Hall ES, 951 Twinbrook Pkwy. 20851
23. Montrose Com. Ctr., 451 Congressional Ln. 20852
24. Monument Park, 550 Maryland Ave. 20850
25. Potomac Woods Park, 1380 Stratton Dr. 20854
26. Pump House Com. Ctr., 401 S. Horners Ln. 20850
28. Richard Montgomery HS
250 Richard Montgomery Dr. 20850
29. Ritchie Park ES, 1514 Dunster Rd. 20854
30. Robert Frost MS, 9201 Scott Dr. 20850
31. Rockcrest Ballet Ctr., 1331 Broadwood Dr. 20851
32. Rock Terrace School, 390 Martins Ln. 20850
33. Rockville Skate Park (at Welsh Park),
355 Martins Ln. 20850
34. Rockville Fencing Academy, 15221 Display Ct. 20850
35. Rockville High School. 2100 Baltimore Road. 20851.
36. Rockville Senior Ctr., 1150 Carnation Dr. 20850
37. Rockville Swim and Fitness Center,
355 Martins Ln. 20850
38. Rockville Town Square, 200 E. Middle Ln. 20850
39. Sofive Soccer Center, 1008 Westmore Ave. 20850
40. The School of Music, 1331 Rockville Pk. 20850
41. Thomas Farm Com. Ctr., 700 Falls Grove Dr. 20850
41. Thrive Yoga, 1321-B Rockville Pk. 20852
43. Twinbrook ES, 5911 Ridgway Ave. 20851
44. Twinbrook Com. Rec. Ctr.
12920 Twinbrook Pkwy. 20851
45. Welsh Park, 344 Martins Ln. 20850
46. Woodley Gardens Park, 900 Nelson St. 20850
47. Xtreme Acro & Cheer, 14702 Southlawn Ln. 20850



1 in 5 Americans
will develop skin cancer in their lifetime.

DON'T BE THE 1.

Prevent. Detect. Live.

It's easy to prevent and detect skin cancer.
Learn more at SpotSkinCancer.org.

© 2015 American Academy of Dermatology. Use of this poster does not imply product or service endorsement by the American Academy of Dermatology.



Financial Assistance

Rockville Youth Recreation Fund

Ages 18 and younger

A limited amount of scholarships for program fees are available for residents of the City of Rockville. The participant must pay \$15 toward each program fee, unless otherwise specified. The fund will cover the balance of the fees, up to \$100 maximum per person, per session (fall, winter, spring, summer); \$150 maximum per youth for each camp session; \$1,000 maximum per family, per year as funds permit. Any remaining balance must be paid by the participant. Financial assistance must be applied for in-person at the time of registration.

In addition, qualified participants who enroll their child in a program that meets a childcare need and costs more than \$115 per month are eligible to apply for monthly financial aid assistance of up to \$100 per month, with an additional cap of \$1,000 per family, per year, as funds permit. The \$15 fee is applicable to each month. This includes, but is not limited to, preschool, after school and community center extended day programs. Summer camps are not included in this program.

Applications for monthly scholarship assistance must be approved by the Superintendent of Recreation and must be applied for Rockville City Hall with the Recreation Department bookkeeper.

Limited financial assistance is available for Rockville residents, ages 19 and older, based on income. Please call 240-314-8620 for an appointment.

Documents Needed for Financial Assistance:

Participants must provide proof of Rockville residency and verification of any of the following:

- **Award letter from Maryland Dept. of Human Resources/ Montgomery County Dept. of Social Services** verifying eligibility for Temporary Cash Assistance (TCA), Food Stamps (SNAP), Transitional Emergency Medical and Housing Assistance (TEMHA). The letter must indicate eligibility period and names of household members receiving benefits.
- **Proof of Medical Assistance** from Montgomery County Dept. of Social Services. Form to be received from county offices.
- **Proof participant resides in a shelter:** Letter from shelter dated within a month of application and, if applicable, listing
- **Proof of Rental Assistance** – Public Housing, HUD Section 8 Housing, HOC (MPDU not accepted). This must be a current document which names the eligible tenants from the agency providing assistance.
- **Supplemental Security Income** – Document must be dated within one year of application.

DONATE TO THE Rockville Recreation Fund

This scholarship fund provides financial assistance to those who would not otherwise be able to participate in our programs and activities.

If you would like to contribute, you may send a check, "add up" on your registration form or donate online at www.rockvillemd.gov/registration

Online Donation Course #s

\$25 – #2232
\$50 – #2233
\$75 – #2234
\$100 – #2235
\$250 – #2236

Click on Log in or Create account
Enter your desired donation course number above
Donations by check may be made out in any amount to Rockville Recreation Fund

Mail to:

Rockville Department of Recreation and Parks
Rockville Youth Recreation Fund Donation
111 Maryland Ave., Rockville, MD 20850

Thank You!

Rockville Recreation and Parks Foundation has provided funding to help send kids to camp, enroll teens in a soccer league, provide team jerseys for track participants and much more in 2020.

We are grateful for their support.

To learn more about the Rockville Recreation and Parks Foundation visit **www.rrpfi.org**



Help Send a Kid to Camp!

Rockville Recreation and Parks Foundation is a 501(c)3 organization established to provide support such as:

- scholarship funds for the Rockville Youth Recreation Fund
- equipment, including electronic scoreboards, wall pads, inflatable movie screen and more
- free swim lessons for eligible participants
- field renovations and improvements at Mattie J.T. Stepanek Park and Dogwood Park



Please send your tax deductible gift to:

**200-B Monroe Street
Rockville, MD 20850
www.rrpfi.org
240-314-8867**

Name: _____

Address: _____

Email: _____

Phone: _____

This gift is in honor/memory of: _____

Connect Create Celebrate



We're here to help you connect, create and celebrate life in Rockville. We contribute to a high quality of life by connecting citizens and visitors of Rockville with exceptional parks and extraordinary recreational opportunities. These services provide the foundation for physical, social, economic and environmental viability and the well-being of the community.

Welcome to Rockville Recreation and Parks.

Recreation and Parks Mission Statement

Our mission is to nurture community connections.

We strive to be the place to make lifelong memories as you live, work, play and thrive. We contribute to a high quality of life by connecting citizens and visitors of Rockville with exceptional parks and extraordinary recreational opportunities. These services provide the foundation for physical, social, economic and environmental viability and the well-being of the community.

Satisfaction Guarantee

The Department of Recreation and Parks is committed to providing quality programs and facilities. If you are unhappy with a program, we want to know! We will suggest another program to try, or if you prefer, we will give you a credit. That's our Customer Satisfaction Guarantee to you.

Inclement Weather Policy

The City of Rockville works diligently to keep residents safe and informed during inclement weather or an emergency situation. When weather has the possibility of affecting a city program, meeting or facility, every attempt is made to maintain standard operations throughout the city. Decisions about whether to cancel morning programs or close facilities will be made by 8 a.m. with an update at 9 a.m. A decision on afternoon and evening programs will be made at 1:30 p.m. with an update at 4 p.m.

Recreation Programs

If Montgomery County Public Schools (MCPS) close for the day or have a two-hour delay, morning recreation programs will be cancelled. Call 240-314-5023, the Information Line, for updates.

Sports Leagues

Call 240-314-5055, the sports weather information line for updates on leagues.

Swim and Fitness Center

Students can visit the Swim and Fitness Center website at www.rockvillemd.gov/swimcenter for updates and to sign up for alerts and the facility newsletter, where you will receive information regarding facility closures and program cancellations. Students can also call 240-314-8750 to get specific up-to-date information for each weather event. In the absence of any notice, students should assume programs are held as scheduled and the facility is open.

Individuals with Disabilities

We encourage individuals with disabilities to register and participate in Rockville recreation programs. To adequately plan for a successful and rewarding experience, contact us via email at registration@rockvillemd.gov. We ask that you inform us prior to the activity start date. Ample time is needed to secure auxiliary services and aides. For additional therapeutic program opportunities, contact Montgomery County Department of Recreation at 240-777-6870; TTY 240-777-6974. Upon request, this publication will be made available in alternate formats by contacting the ADA Coordinator at 240-314-8108; TTY 240-314-8137.

We Are Now Accepting Medical Assistance!

City of Rockville residents receiving medical assistance through Montgomery County are now eligible to receive financial assistance from City of Rockville's Recreation Fund for their children. Please call 240-314-8620 for more information.

City Parks are Smoke-Free

Rockville's Mayor and Council voted to expand the city's smoke-free area rules to include all city facilities and parks.



Bridget Donnell Newton, Mayor
Councilmembers Monique Ashton, Beryl L. Feinberg,
David Myles, Mark Pierzchala

Robert DiSpirito, City Manager
Tim Chesnutt, Director of Recreation and Parks
Chris Henry, Deputy Director of Recreation and Parks
Andy Lett, Superintendent of Recreation
Steve Mader, Superintendent of Parks and Facilities

Keep in touch!

General Information Lines:

Childcare, Classes, Recreation Programs.....	240-314-8620
Parks and Facilities Maintenance.....	240-314-8700
Park and Picnic Rentals.....	240-314-8660
Recreation and Parks Administration	240-314-8600
Rockville Skate Park	240-314-8620
TTY (City Hall)	240-314-8137

Recorded Weather Information Lines:

Childcare/Rec. Programs (Info. Line).....	240-314-5023
Special Events Line (Info. Line)	240-314-5022
Sports Line (Info. Line)	240-314-5055

Rockville Civic Center Park:

Art Gallery	240-314-8682
Glenview Mansion.....	240-314-8660
F. Scott Fitzgerald Theatre Box Office.....	240-314-8690
Civic Center (Directions Line).....	240-314-5004

Recreation Centers:

Croydon Creek Nature Center	240-314-8770
Lincoln Park Community Center	240-314-8780
Thomas Farm Community Center	240-314-8840
Twinbrook Community Rec. Center.....	240-314-8830
Rockville Swim and Fitness Center	240-314-8750
Rockville Senior Center	240-314-8800
Senior Center (Directions Line).....	240-314-5019

Registration Info

Registration Begins:

Thursday, May 6 for Senior Center members and programs listed in the Adults 60+ Recreation and Services Guide,

Thursday, May 6 for general and nonmembers 8:30 a.m. by mail, fax, and online.

Registration Deadlines:

- The registration deadline for all activities is two weeks prior to the start of the class unless otherwise noted.
- Late registrations will be accepted if space is available.
- Programs may be canceled if registration is insufficient. If a program is canceled, we will contact you. You may then select an alternate program, request a credit or a refund.

Registration Form and Payment:

- Complete the registration form. You may combine recreation activity fees in one check, made payable to the City of Rockville. Note: \$35 returned check charge.
- Visa and MasterCard are accepted for payment.

Credits and Refunds:

- If staff cancels a class, refunds will automatically be issued.
- Our programs require advanced planning and purchase of supplies to provide a quality experience, therefore requests for a refund or credit must be submitted in writing to the program supervisor at least seven days in advance of the start of the program, unless otherwise specified. Send email to registration@rockvillemd.gov. Less than seven days prior to the start of a program, requests for a refund or credit will be considered if accompanied by proper medical or other requested documentation. Proration and administrative fees apply.
- The following administrative fees are charged for issuing a refund or credit: programs/classes \$15; childcare \$50; camps \$50 within two weeks of camp; senior programs \$15; sports teams \$100; individual sports participants \$15; swim \$15; teens \$15. A credit will be applied to your City of Rockville account for registrations under \$20 (exceptions: nature, senior, swim and teen programs).
- We are committed to providing quality programs and facilities. If you are unhappy with our services, please contact us. We will suggest another program to try, or if you prefer, will give you a full credit or refund your money. That's our "Customer Satisfaction Guarantee."

Transfers:

Requests are subject to availability. Requests must be in writing. Send email to registration@rockvillemd.gov. Registrations cannot be transferred from one registrant to another due to wait lists. Note: \$25 fee is assessed for child care programs.

Rate Key:

Prices are listed as:

Resident (R), Nonresident (NR)

Member (M), Nonmember (NM)

Online Recreation Registration System

CIVICREC
Powered by

CivicRec, powered by Rec1, our online registration system, allows you to easily create an account, search, register, pay for activities and leagues, view memberships and manage profiles on any computer, tablet or smart phone. Visit www.rockvillemd.gov/registration.

How to Register

1. Online:

at www.rockvillemd.gov/registration.

2. Mail or Fax to:

Rockville City Hall, Dept. of Rec. And Parks
111 Maryland Avenue 20850
Fax: 240-314-8659

Rockville Swim and Fitness Ctr.
355 Martins Lane 20850
Fax: 240-314-8759

Rockville Senior Ctr.
1150 Carnation Drive 20850
Fax: 240-314-8809

Croydon Creek Nature Ctr.
852 Avery Road 20851
Fax: 240-314-8779

Lincoln Park Community Ctr.
357 Frederick Avenue 20850
Fax: 240-314-8789

Thomas Farm Community Ctr.
700 Fallsgrrove Drive 20850
Fax: 240-314-8849

Twinbrook Community Recreation Ctr.
12920 Twinbrook Parkway 20851
Fax: 240-314-8839

3. Walk-In:

**We are not taking
in-person registrations at
this time.** Call 240-314-8620
for information.



Use your smart phone for quick access to our website.

Registration Form | Formulario de inscripción

*Required Info | Info Requerida

☐ Check here if this is a new address, phone number or email address.
Please print. This form may be copied.

☐ Marque aquí si esta es una dirección nueva, teléfono o dirección de correo electrónico. Por favor imprima. Este formulario puede ser reproducido.

Contact Information | Información del contacto

Last Name Apellido*	First Name Nombre*	Birthday Fecha de nacimiento (mm/dd/yy)*	Email*
Address Dirección*		City Ciudad*	State Estado* Zip Código postal*
Home Phone Teléfono de Casa*		Work Phone Teléfono de Trabajo	Cell Phone Celular

Emergency Contact | Contacto de Emergencia

For participants under 18 | Participante menor de edad

Name Nombre*	Relationship Relación*	Phone Teléfono*
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Participant's Name (Last, First) Apellido y Nombre del Participante	Birthday (mm/dd/yy) Fecha de Nacimiento (mm/dd/yy)	Sex Sexo	Activity Name Nombre de la Actividad	Activity Number Número	School Attending Escuela a la que asiste	Grade Grado	Fees Costo*

Rec Fund | Fondo de rec.: \$ _____ Sr. Ctr. Mem | Centro de Ancianos: \$ _____ Multi-Course Discount | Descuento por asistencia a varios cursos: \$ _____ \$10 _____
\$25 _____ \$50 _____ Other \$ _____ Contribution to Recreation Fund Youth Scholarship | Contribución adicional al Fondo de recreación: \$ _____

Processed by:	Date Processed:	Total Paid: \$	Total Amount Due: Cantidad Total:
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Program Modifications: Participants with disabilities should contact our office prior to activity.

Payment | Pago

Name on Card Nombre en la tarjeta	Credit Card Number Número en la Tarjeta de Crédito	Security Code Código de Seguridad	Expiration Date Fecha de Expiración
Payer Address (If different than above) Dirección del Pagador (si es diferente que la de arriba)			
<input type="checkbox"/> Visa <input type="checkbox"/> Mastercard <input type="checkbox"/> Cash <input type="checkbox"/> Check # _____		City Ciudad	State Estado Zip Código Postal
Cardholder Signature Firma del Dueño de la Tarjeta			

Release, Waiver, Assumption of Risk and Consent | Descargo y exención de responsabilidad, asunción de riesgos y consentimiento

Participation in the program may be a hazardous activity. Participant should not participate in the program unless participant is in good physical shape and is medically able. Participant (or parent or guardian on behalf of a minor child participant) assumes all risks associated with participation in this program, including but not limited to, those generally associated with this type of program, the hazards of traveling on public roads, of accidents, of illness, and of the forces of nature. In consideration of the right to participate in the program and in further consideration of the arrangement made for the participant by the Mayor and Council of Rockville through its Department of Recreation and Parks for food, travel, and recreation, the participant, his or her heirs, and executors, or a parent or guardian on behalf of a minor child participant, agrees to release and indemnify the Mayor and Council of the City of Rockville and all of its agents, officers and employees, from any and all claims for injuries or loss of any person or property which may arise out of or result from participation in the program. The participant (or the parent or guardian on behalf of a minor child participant) grants permission for a doctor or emergency medical technician to administer emergency treatment of the participant and consents to the City's use of photographs taken or videotapes made of the program that include the participant. Neither the instructor nor any of the staff are responsible for participants prior to or after the scheduled program. By providing your email address you are agreeing to sign up for the Rockville & Recreation and Parks mailing list to receive email updates about our programs. All information collected will be used in accordance with the City of Rockville privacy policy. You may withdraw your consent at any time. By my participation in a City of Rockville, Department of Recreation and Parks program and/or entering a facility, I agree to follow all posted and/or published rules and staff member's instructions. Violation may result in removal from the program and/or suspension from the facility.

Participación en el programa puede ser una actividad peligrosa. Participante no debe participar en el programa a menos que el participante está en buena forma física y es médicamente capaz. Participantes (o padre o tutor en nombre de un participante menor de edad) asume todos los riesgos asociados con la participación en este programa, incluyendo pero no limitado a, los generalmente asociados con este tipo de programa, los riesgos de viajar en las vías públicas, de accidentes, de enfermedad y de las fuerzas de la naturaleza. Teniendo en cuenta el derecho a participar en el programa y en consideración del acuerdo por el participante por el Alcalde y Consejo de Rockville a través de su Departamento de recreación y parques para comida, viajes y recreación, el participante, sus herederos y ejecutores, o un padre o tutor en nombre de un hijo menor de edad pudiera derivarse de o como resultado de la participación en el programa. El participante (o el padre o tutor en nombre de un participante menor de edad) concede el permiso de un médico o un técnico médico de emergencia administrar tratamiento de urgencia de la participante y consiente al uso de la ciudad de fotografías o videos del programa que incluyen al participante. Ni el instructor ni ninguno de el personal es responsable de los participantes antes o después del programa. Al participar en un programa de la Ciudad de Rockville, el Departamento de Recreación y Parques y / o ingresar a un centro, acepto seguir todas las normas publicadas y / o publicadas y las instrucciones del miembro del personal. La violación puede resultar en la eliminación del programa y / o la suspensión de la instalación.

* Signature of Participant/Guardian | Firma del participante/tutor _____

Main Line | Línea principal: 240-314-8620 • www.rockvillemd.gov/recreation • Fax: 240-314-8659

City of Rockville • 111 Maryland Ave., Rockville, MD 20850

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111 Maryland Avenue
Rockville, Maryland 20850-2364

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WIC and EBT/SNAP accepted



City of
Rockville
Get Into It

www.rockvillemd.gov/farmers • 240-314-8620



RockvilleFarmersMarket